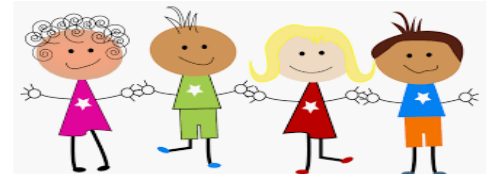




# Newsletter



3<sup>rd</sup> December 2021

## Headteacher Awards

- Reception Class:** Levi and Travis for their fantastic knowledge of the different environments we have visited this week!  
Delilah for her using excellent maths skills this week! She wanted to make a number sentence and used a tens frame to show Mrs Grigg different ways of making our number of the week 5. Fantastic work!
- Year 1:** Headteacher awards for Riley Smith and Eva Rowe - Fantastic explaining about their PSHE learning, especially about online safety.
- Year 2:** Jade for super writing in English. Using her sound mat and thinking carefully about the sounds she hears in words.  
Lola - Super team work in PSHE when we were talking about situations you might find yourself in and how you are feeling.
- Year 3:** Awards go to Ella and Liam. Ella showed great perseverance and resilience with her Maths. She found it quite tricky at first but kept going and completed the work and presented it beautifully. Liam worked really hard in English writing a fantastic story based on the book Stone Age Boy. Well done to both of them.
- Year 4:** Whole Class Award! The children have worked so hard this week when writing to the children's ward at Treliske. They have shown true kindness and put a lot of thought and care into their words. They also have created activities to send to unfortunate children over Christmas that are in hospital. Their letters and activities will be scanned in and emailed across for use this December! Well done Year 4 - a fantastic effort of one of our 5 ways to well-being - 'Give'. We are proud of you!
- Year 5:** Headteacher awards for Ethan and Jenson for being super coaches during our football session in PE. An award for Tristan for an excellent piece of persuasive writing about evacuation.
- Year 6:** An award for Shannon for super sketching techniques. Brooke W for being really brave. Dylon for showing us a super attitude and Jacob W for wowing the science dome man with his knowledge and vocabulary.

## Golden Tickets

- Reception:** Khloe for knowing the word I.
- Year 1:** Damian for great maths homework.
- Year 2:** India for knowing the difference between 'throne' and 'thrown'.
- Year 3:** Hollie for her great picture observation.
- Year 4:** Steven for completing a row of diddi-dots.
- Year 5:** Lily for self-regulating behaviour.
- Year 6:** Seb for knowing what a composite number is.

## Christmas Events at Roche School



**From** Monday 6th December: Children can bring Christmas cards into school to their classroom. There will be a Christmas post box in each classroom. Please make sure the recipient's name is on the front.

Monday 13<sup>th</sup> Dec (throughout the week): Santa Fun Run Dress up PE Sessions all week. Details have been emailed out, but please see information below regarding sponsorship.

Wednesday 15th Dec: Christmas Jumper and Christmas Dinner Day.

Thursday 16th Dec: Christmas Cinema Trip (details below)

Friday 17th Dec: We will host a very special visitor!



## Christmas Cinema Trip



On Thursday 16<sup>th</sup> December, we are taking the whole school to the cinema to see a specially selected film.

Points to note:

- We will be leaving at 9am **SHARP**. Your child must be at school for 8.40am for registration. If your child arrives later than this, you will have to take your child home as there will be **no staff** in school this day.
- If your child is going to be away this day, please telephone the office by 8.30am at the latest or email [reception@roche.cornwall.sch.uk](mailto:reception@roche.cornwall.sch.uk) by 8.30am.
- The trip is completely free and no consent is required.
- We will be back in time for lunch so please order your child's lunch as normal.
- To build excitement, we keep the film as a surprise for the children. A member of staff has seen the film to guarantee the suitability for the children.

This annual trip is always a great success and enjoyed by all of the children and staff.

## Christmas Dinner

Our Christmas dinner menu is now live on Parent Pay for the 15<sup>th</sup> December!

There are many choices!

You can choose from: Roast Turkey **or** Quorn Roast and for dessert there is a choice of a Festive Biscuit **or** Christmas cake style pudding.

The roast is served with seasonal vegetables, stuffing and chipolatas!

Please order your child's Christmas meal (choosing one from each course), by 8<sup>th</sup> December.

**Please note, school packed lunches and jacket potatoes are not available this day.**

For KS1 children and pupils entitled to Free School Meals, the Christmas dinner is free. Otherwise it is the usual price of £2.30.

To order, when you go to 'Make Booking's on Parent Pay for your child's food, set the date to 13<sup>th</sup> December and scroll across to Wednesday.



## Christmas Jumper Day

This year, we invite all children to dress up and wear a Christmas jumper (alongside their usual uniform) on Wednesday 15<sup>th</sup> December! If you don't have a Christmas jumper, don't worry – feel free to decorate your hair with tinsel or wear a Christmas hat! Please make sure your child's name is clearly marked in any items worn to school.



## What's Cooking?

This week, Kloe enjoyed Mrs Whitford's pasty pie!

Your lunch looks delicious Kloe!

What's your favourite school meal?

Mrs George says her favourite is the vegetable crumble which will be on the menu next term!



## Santa Fun Run

Dear Parents and Carers

We have been given the brilliant opportunity to organise a Santa Fun Run to raise money for Cornwall Hospice Care. The Fun Run will take place on the week beginning 13th December at school. We hope that every child in the school will take part in the mile long run. Every child in the school will be provided with a Santa costume for the event so there's nothing to prepare!

All we ask you to do is raise as much money as you can for this amazing cause. You can donate straight on to our Just Giving Page <https://www.justgiving.com/fundraising/roche-school3> (Please note we will not be able to accept cash donations).



[Roche's page](https://www.justgiving.com/fundraising/roche-school3)

Help Roche School raise money to support Cornwall Hospice Care

[www.justgiving.com](http://www.justgiving.com)

Unfortunately, we are unable to invite parents and carers, however we will take plenty of photographs for you to enjoy. The event will be taking place during your child's class PE session. We are really looking forward to this event and it will be a great way to celebrate Christmas.

**In order to reach our target, it would be brilliant if every child could raise at least £10.** If you can get sponsored by your friends and family, they can donate straight on to the Just Giving page (link above). For the reference/message please include your child's name and "Roche CP School".

You are welcome to share the page on social media so friends and family can sponsor straight to the page too!

Last year we raised over £2100 which was absolutely incredible!

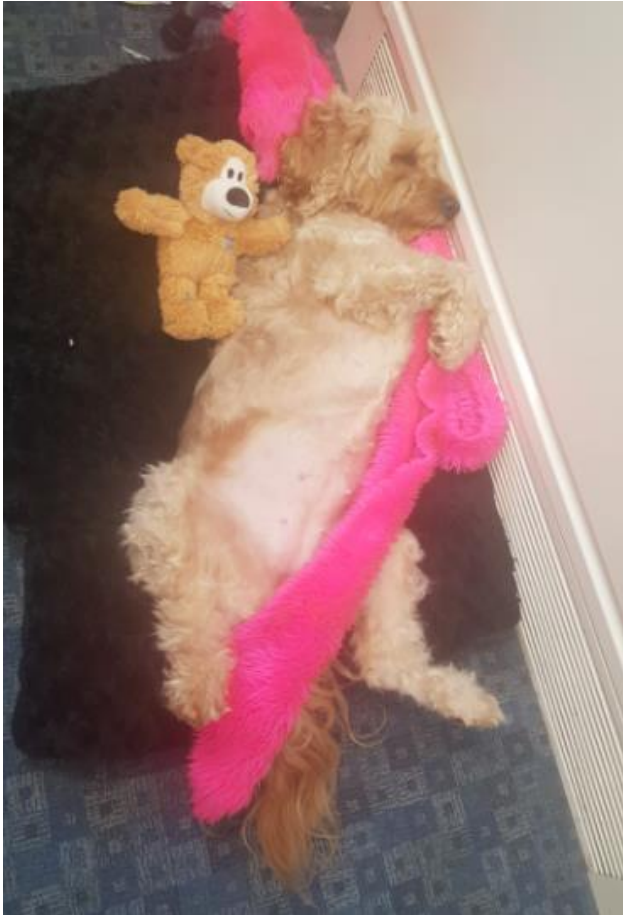
Thank you to everyone for your support.

School Council  
Roche CP School

Open your camera on your phone and hold over this QR code to take you straight to the sponsorship page!



## Tilly's Diary



Hi Everyone!

Do you ever have one of those days where you feel really tired and you just want to snuggle up and have a little sleep? I had one of those days on Tuesday! I took my teddy bear, my favourite pink boa and relaxed on my bed in front of the radiator.

On Wednesday, I was back to being full of beans and went to Doggy Day Care with my friend Ki! What an adventure we had together! There is lots to do at Doggy Day Care including a big pond to swim in!

Have you seen all the Christmas events on this newsletter? It all looks really exciting!

I am hoping to join in with one of your Santa runs - please ask Mrs George if I can come too!

Love

Tilly x

## Football and Netball Matches

Next Tuesday (7<sup>th</sup> December) we are hosting a home game of football and netball against Luxulyan School (this is a rescheduled game from 19<sup>th</sup> October).

If your child is playing, you will have received an email via Parent Pay this week. There is also a consent form on Parent Pay for you to complete no later than Monday 6<sup>th</sup> December please.

Please make sure your child has a warm base layer of clothing and the correct footwear etc.

**Please note that there will be no netball club on Tuesday 7<sup>th</sup> December because of this match.**

## E-Safety

Increasingly children have apps on their mobile devices which are not suitable for their age due to restrictive adult content. Please find below a table of apps and their minimum age.

| <u>App</u>         | <u>Minimum Age</u> |
|--------------------|--------------------|
| You Tube           | 13+                |
| Instagram          | 13+                |
| TikTok             | 13+                |
| Facebook           | 13+                |
| Facebook Messenger | 13+                |
| Snapchat           | 13+                |
| WhatsApp           | 16+                |
| Twitter            | 13+                |
| Discord            | 13+                |
| Telegram Messenger | 16+                |
| Minecraft          | 10+                |
| Roblox             | 15+                |
| Fortnite           | 4+                 |

For more information about these apps, their age restrictions and what these apps are for, please visit:

<https://www.internetmatters.org/resources/apps-guide/social-networking-and-messaging-apps/>



## Roche C. P. School Menu – Spring Term 1 2022

| Week One – Weeks Beginning<br>03/01 24/01 14/02 14/03 04/04  | Week Two – Weeks Beginning<br>10/01 31/01 28/02 21/03  | Week Three – Weeks Beginning<br>17/01 07/02 07/03 28/03   |
|--|--|---|
| <b>MONDAY</b><br><b>Main</b> – Margarita Pizza and Wedges<br><b>Veg</b> - Macaroni Cheese<br>Peas and Carrots<br><b>Dessert</b> - Apple Crumble and Custard<br><b>Packed Lunch</b> – Ham Wrap              | <b>MONDAY</b><br><b>Main</b> – Loaded Hidden Veg Pasta Bake<br><b>Veg</b> – Macaroni Cheese<br>Peas and Carrots<br><b>Dessert</b> – Lemon Drizzle Cake<br><b>Packed Lunch</b> – Cheese Sandwich  | <b>MONDAY</b><br><b>Main</b> – Quorn Burger and Wedges<br><b>Veg</b> - Macaroni Cheese<br>Peas and Carrots<br><b>Dessert</b> – Strawberry Jam Cake<br><b>Packed Lunch</b> – Ham Wrap                                |
| <b>TUESDAY</b><br><b>Main</b> – Sausage and Mash<br><b>Veg</b> – Vegetable Stir Fry<br>Sweetcorn and Broccoli<br><b>Dessert</b> – Apple Cake<br><b>Packed Lunch</b> – Cheese Wrap                          | <b>TUESDAY</b><br><b>Main</b> – Burger in a Bun and Wedges<br><b>Veg</b> – Shepherdess Pie<br>Broccoli and Sweetcorn<br><b>Dessert</b> – Marble Cake and Custard<br><b>Packed Lunch</b> – Ham Sandwich   | <b>TUESDAY</b><br><b>Main</b> – Bacon and Sweetcorn Pasta<br><b>Veg</b> - Vegetable Curry and Rice<br>Cauliflower and Sweetcorn<br><b>Dessert</b> – Chocolate Cake and Custard<br><b>Packed Lunch</b> – Cheese Wrap |
| <b>WEDNESDAY</b><br><b>Main</b> – Roast Gammon<br><b>Veg</b> - Quorn Roast<br>Cabbage and Carrots<br><b>Dessert</b> - Fruit and Ice Cream<br><b>Packed Lunch</b> – Ham Sandwich                            | <b>WEDNESDAY</b><br><b>Main</b> – Roast Pork<br><b>Veg</b> – Vegetable Crumble<br>Green Beans and Carrots<br><b>Dessert</b> – Fruit and Ice Cream Sundae<br><b>Packed Lunch</b> – Cheese Wrap  | <b>WEDNESDAY</b><br><b>Main</b> – Roast Turkey<br><b>Veg</b> – Cheesy Spinach and Potato Bake<br>Cabbage and Carrots<br><b>Dessert</b> – Jelly and Ice Cream<br><b>Packed Lunch</b> – Ham Sandwich                  |
| <b>THURSDAY</b><br><b>Main</b> – Mild Chilli Con Carne and Rice<br><b>Veg</b> – Chimichanga and Rice (wrap)<br>Coleslaw and Sweetcorn<br><b>Dessert</b> – Vanilla Sponge<br><b>Packed Lunch</b> – Ham Wrap | <b>THURSDAY</b><br><b>Main</b> – Chicken Stew and Herb Dumplings with Mash<br><b>Veg</b> – Country Vegetable Pie and Mash<br>Cauliflower and Sweetcorn<br><b>Dessert</b> – Sticky Toffee Pudding and Custard<br><b>Packed Lunch</b> – Ham Wrap | <b>THURSDAY</b><br><b>Main</b> – Cottage Pie<br><b>Veg</b> – Spaghetti Quorn Carbonara<br>Green Beans and Sweetcorn<br><b>Dessert</b> – Banana Custard<br><b>Packed Lunch</b> – Cheese Sandwich                     |
| <b>FRIDAY</b><br><b>Main</b> - Fish and Chips<br><b>Veg</b> – Cheese Whirl and Chips<br>Peas and Baked Beans<br><b>Dessert</b> – Flapjack with Fruit Slices<br><b>Packed Lunch</b> – Cheese Sandwich       | <b>FRIDAY</b><br><b>Main</b> – Sausages and Chips<br><b>Veg</b> – Cheese Onion and Sweetcorn Quiche and Chips<br>Peas and Baked Beans<br><b>Dessert</b> – Custard Biscuits with Fruit Slices<br><b>Packed Lunch</b> – Cheese Sandwich          | <b>FRIDAY</b><br><b>Main</b> – Fish Fingers and Chips<br><b>Veg</b> – Falafel in a Bun and Chips<br>Peas and Baked Beans<br><b>Dessert</b> – Melting Moments with Fruit Slices<br><b>Packed Lunch</b> – Ham Wrap    |

**Fruit Salad Available Daily**

**Mixed Salad Available Daily**

**Jacket Potatoes Available Daily**

## Clubs

Please note that next week (week beginning 6<sup>th</sup> December) will be our last week of clubs.

There are no clubs on the week beginning 13<sup>th</sup> December.

New clubs lists will be given out when we return in January.

## Free Online Advent Calendar

There is a free online Advent Calendar which includes wellbeing activities, active activities and new dances to move!

Sign up for free <https://imoves.com/active-advent-calendar-2021>





