

# Newsletter





#### <u>Headteacher's Awards</u> <u>Awarded 2<sup>nd</sup> December 2022</u>

**Reception:** This week in Reception class I am giving a whole class Head Teachers Award for their

fantastic behaviour on our trip to the Eden Project!

Year 1: Well done to Delilah and Bali for fantastic writing using adjectives and our 'Year 1

Everyday Tool Kit'. Well done!

Year 2: This week, we awarded a whole class award for excellent behaviour. Well done

everyone.

**Year 3:** Congratulations to Ollie and Lola last week for their Headteacher's awards. Ollie has

been working really hard on his Numbots and has progressed through the levels this week. He is now on Tungsten level. Well done Ollie for persevering. It has paid off. Keep going! Well done to Lola for an amazing week with all her learning. She always works hard in English and Maths and is fully engaged in all other lessons. She is always well behaved with lovely manners too. She is a great role model for the other children

in the class.

**Year 4:** Well done to Hollie and Rosie for their excellent work during our computing super

learning day.

Year 5: A quiet week in Year 5 this week, as many members of the class were taken down with

coughs colds. That said, we had a super visit from Simon and the Space Dome, who updated us with what is going on in Space at the moment and revisited our learning from

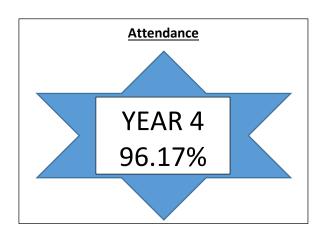
last half term.

Congratulations to Jamie and Taylor C, this week. Both have had a super week in English. We are working hard to not only apply as much PaG as possible but also to include new and exciting vocabulary to build the picture in the reader's head. Jamie certainly did this, and Taylor has worked hard to meet objectives and expectations, whilst continuing his

beautiful presentation! Well done both!

Year 6: A Headteacher's award for Dylan, James, Lily, Tyler, Amelie, Ruan, Tilly and Tyson for

improving their score in their spellings. Well done to you all.





Our new banner has been put up for display at school!

#### Strep A

There has been a national rise in cases of Group A Streptococcal Infections. Whilst the majority of cases are mild, but a small proportion of children can develop an invasive infection where the bacteria enter the bloodstream and can cause sepsis or deep seated infections.

It's important to recognise that cases are rare but if you have any concerns, please contact your child's GP.

An email with attachment was sent via Parent Pay yesterday for parents/carers to read.

# How to make a self-soothe box

# **Primary School**

#### You will need

- A box, container or bag (e.g. a shoebox)
- Scissor
- Glue for the labe
- Pens/pencils

#### Optiona

· Stickers, glitter, photos or wrapping paper to decorate your box

We all struggle with how we're feeling sometimes and it's normal to have ups and downs. This year might have felt a little more down than up.

There are so many little things we can do to look after ourselves and support each other's mental health.

Creating a self-soothe box is a little thing you can do to make a BIG difference to your mental health.

#### What is a self-soothe box?

A self-soothe box is a box that you can make that contains things that calm you down, help you focus on what you're doing in that moment, and reduce feelings of worry or sadness. If you find yourself feeling anxious, stressed out, or down, you can turn to your self-soothe box to help manage your feelings and feel more relaxed.

#### Three simple steps to start

- 1. Find a box, container, bag, or whatever you have. Shoeboxes can be handy for this.
- Customise the label we've provided and stick it on your box, or write the title on your box however you like.
- 3. Decorate the outside of your box. Stickers, drawings, glitter, photos go wild!

#### What should be in my self-soothe box?

We recommend you have a variety of things in your box to focus your mind on. You could include something to touch, something to look at and maybe even something to taste.

### Label for your self-soothe box

Create your label by choosing your favourite one below, or use the blank one if you want to come up with a unique name for your box. Customise it, cut it out and stick it on your box.

My self-soothe box

My box of little things

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#### **Christmas Events at Roche CP School**







**Monday 12<sup>th</sup> December:** Whole School cinema trip. Please the whole school is leaving 9am sharp on this

day. Every staff member accompanies this trip so please do not be late this day as there will be no-one at school to care for your child. If your child is going to be absent this day – please telephone the school, no later than 8.30am. Please note that the surprise film we are seeing is certified 'U' and is suitable for all!

**Tuesday 13<sup>th</sup> December:** 9.30am. KS1 Production in the school hall. Please make sure you present your

ticket on the door.

**Tuesday 13<sup>th</sup> December:** 1.30pm. KS1 Production in the school hall. Please make sure you present your

ticket on the door.

**Wednesday 14<sup>th</sup> December:** Christmas jumper day. You are welcome to wear Christmas a Christmas jumper

and accessories this day (please make sure your child's name is in their items).

Wednesday 14<sup>th</sup> December: Christmas dinner day. Please make sure you head to Parent Pay and order your

child's Christmas meal no later than 7<sup>th</sup> December. Please note school packed

lunches and jacket potatoes are not available this day.

Wednesday 14<sup>th</sup> December: KS2 Christmas sing-a-long at Roche Victory Hall. This is a ticket event only.

Details have been sent via Parent Pay. More details including drop off times will be given out nearer the time. Your KS2 child can wear their Christmas

jumper to this event. Free refreshments will be available.

**Thursday 15<sup>th</sup> December:** Santa Fun Run – details on last week's newsletter. Just Giving Link:

https://www.justgiving.com/page/roche-school-1669287706987

**Friday 16**<sup>th</sup> **December:** Last day of term – finish at 3.15pm.



#### **Christmas Cards**

Christmas cards can come into school. We will have a post box outside Mr Walden's office.

Please make sure on the front of the card the recipient's name AND class is written.

Year 6 children will sort through the letters and deliver them to the classrooms over the following weeks. Last day of posting is Wednesday 14<sup>th</sup> December.

## **Clubs**

Please note, there are no clubs next week. A new set of clubs will be distributed in January. Watch this space!

#### **Opus Christmas Card Competition**



Thank you to all of the children who entered the Opus Christmas card competition. We had multiple entries from children from each class!

They were all brilliant – we have some amazing artists at Roche School!

All entries were judged by the staff at Opus and we are thrilled that two children from Roche School achieved 2<sup>nd</sup> and 3<sup>rd</sup> prize!

Second place – Emily in Y5. Emily has won a £50 Amazon voucher and a goody bag.

Third place – William in Y6. William has won a £25 Amazon voucher and a goody bag.

Well done to you both and thank you to all of the children who entered designs into the competition!

#### **Brannel Musical Promenade**

Next Thursday (15<sup>th</sup>), Brannel School have invited all cluster primaries to their Christmas Promenade. This is an event where you can celebrate Christmas on the Polar Express through music and drama!

Tickets are FREE but must be booked through Eventbrite <a href="https://www.eventbrite.co.uk/e/brannel-schools-christmas-promenade-tickets-477314790387">https://www.eventbrite.co.uk/e/brannel-schools-christmas-promenade-tickets-477314790387</a>

'Train' times are 6pm, 6.10pm, 6.20pm, 6.30pm and 6.40pm. Families welcome.



The token system put in place this term has been very successful. The tokens were counted yesterday and the winners of the end of term prize were the RED team!

It was a very close contest!



The red team enjoyed a magic show this morning as their reward!

Good luck to all teams for next term!





Thank you to Donna Smith for her lovely donation of a Christmas wreath she made. It has gone up in the office foyer to be enjoyed.