

Roche C. P. School Menu – Autumn Term 2024

Week One – Weeks Beginning 02/09 23/09 14/10 11/11 02/12	Week Two – Weeks Beginning 09/09 30/09 21/10 18/11 09/12	Week Three – Weeks Beginning 16/09 07/10 04/11 25/11 16/12
MONDAY Main – Margarita Pizza and Wedges Veg - Macaroni Cheese Peas and Carrots Dessert - Apple Crumble and Custard Packed Lunch – Ham Wrap	MONDAY Main – Tomato Pasta Bake Veg – Macaroni Cheese Peas and Carrots Dessert - Flapjack Packed Lunch – Cheese Sandwich	MONDAY Main – Quorn Burger and Wedges Veg - Macaroni Cheese Peas and Carrots Dessert – Ginger Cake and Custard Packed Lunch – Cheese Wrap
TUESDAY Main – Beef Cobbler and Mash Veg – Shepherdess Pie Sweetcorn and Broccoli Dessert – Lemon Drizzle Cake Packed Lunch – Cheese Wrap	TUESDAY Main – Sausage Bean Casserole and Mash Veg – Quorn Sausage and Mash Broccoli and Sweetcorn Dessert – Oaty Apple Crunch and Custard Packed Lunch – Ham Sandwich	TUESDAY Main – Pasty Pie Veg - Vegetable Chilli and Rice Broccoli and Sweetcorn Dessert – Marble Cake and Custard Packed Lunch – Ham Wrap
WEDNESDAY Main – Roast Pork Veg - Quorn Roast Cabbage and Carrots Dessert - Fruity Jelly and Ice Cream Packed Lunch – Ham Sandwich	WEDNESDAY Main – Roast Turkey Veg - Cauliflower Cheese Green Beans and Carrots Dessert – Fruit and Ice Cream Packed Lunch – Cheese Wrap	WEDNESDAY Main – Roast Gammon Veg – Cheesy Leek Bake Cabbage and Carrots Dessert – Fruit and Ice Cream Sundae Packed Lunch – Cheese Sandwich
THURSDAY Main - Beef Burger and Wedges Veg – Quorn tortilla Layer and Wedges Coleslaw and Sweetcorn Dessert – Victoria Sponge Packed Lunch – Cheese Sandwich	THURSDAY Main – Spaghetti Bolognese Veg – Quorn Stir Fry Cauliflower and Sweetcorn Dessert –Chocolate Sponge Packed Lunch – Ham Wrap	THURSDAY Main – Mild Chicken Curry and Rice Veg – Butternut Squash Risotto Green Beans and Sweetcorn Dessert – Banana Custard Packed Lunch – Ham Wrap
FRIDAY Main - Fish and Chips Veg – Cheese and Onion Quiche and Chips Peas and Baked Beans Dessert – Chocolate Orange Pinwheel with Fruit Packed Lunch – Ham Wrap	FRIDAY Main – Fish Fingers and Chips Veg – Cheese Whirl and Chips Peas and Baked Beans Dessert – Chocolate Crispy with Fruit Slices Packed Lunch – Cheese Sandwich	FRIDAY Main - Sausages and Chips Veg - Mediterranean Tart and Chips Peas and Baked Beans Dessert – Oat Cookies with Fruit Slices Packed Lunch – Cheese Wrap

Fruit Salad Available Daily

Mixed Salad Available Daily

Jacket Potatoes Available Daily

School Packed Lunches include;

- Sandwich or Wrap
- Vegetable sticks
- Fruit or Raisins
- Cake or Biscuit
- Yoghurt or Jelly

Although some of our dishes are allergen free, they are not made in an allergen free environment. **Please contact our cook, Mrs Whitford, for any allergen information** lwhitford@roche.tpacademytrust.org. Please order your child's school meals on Parent Pay each week. Orders need to be submitted by Sunday evening at midnight for the full week ahead. KS1 are entitled to free school meals. Orders can be pre-ordered for the term ahead by changing the week commencing date on Parent Pay.