



# Newsletter

18<sup>th</sup> March 2022

## Headteacher Awards awarded on 11<sup>th</sup> March 2022

- Reception:** The head teacher awards in Reception class this week are going to:  
Evie for really engaging in our doctors and nurse role play this week.  
Brooke for becoming increasingly more confident and independent in our classroom!  
I have added a little photo grid to go onto the newsletter if that's okay? I wanted to show off how brilliant the children have been with their new topic and to encourage parents to send in home learning!
- Year 1:** This week the Headteacher awards are for Skyla for working hard in maths and doubling numbers and Theo for trying hard in his phonics lessons.
- Year 2:** The Headteacher awards this week go to Archie P for working really hard in all areas and showing good manners and kindness to his friends. Also a whole class award for brilliant behaviour and super listening and creative work on our trip to Truro Museum.
- Year 3:** Last week's Headteacher's awards go to Callum and Lexi-Rose. In Geography we were looking at North America and Callum participated with great enthusiasm in every lesson. He has a great knowledge of continents and countries. Well done Callum! Lexi-Rose's Maths presentation is consistent in every lesson. She always puts 1 digit per box, always uses a ruler and sets out her work very neatly. She is a role model for the children in the maths group. Well done Lexi, keep it up!
- Year 4:** Taylor H - For being determined and committed to improving his AR Quiz! Well done Taylor.  
Mason - For working so hard on his final draft in English. He slowed down, concentrated on his presentation and wrote some good facts about Bear Grylls for his Biography.
- Year 5:** Jacob for super work on fables and on punctuation corrections and Lily for a sensational reading comprehension, especially for vocabulary and retrieval.
- Year 6:** Well done to Brooke T on her excellent progress in her SPAG mock SATS, Ethan for his brilliant progress in his arithmetic test and Dylan for super progress in his reading SATS mock.

## Golden Tickets

- Reception:** Jasper for great PE.  
**Year 1:** George for accurately adding 'ed'.  
**Year 2:** Archie R for excellent behaviour at playtime.  
**Year 3:** Vassili for self-regulating learning.  
**Year 4:** Charlotte for completing a row of diddi-dots.  
**Year 5:** Macie for good spellings work.  
**Year 6:** Riley S for using previous knowledge to answer questions.

## Year 6

Congratulations to Brooke W who earned her Pen Licence last week. Well done!



## Ukraine Donations



Last Friday, 7 children from Year 6 alongside Mr Walden and Mrs Smith took our donations to Holy Trinity Church in St Austell to be sent onto Ukraine.

We are still accepting donations at school but we can only accept toiletries, nappies, wet wipes and feminine items. We are unable to accept any more clothes at present.

As per last week's newsletter, we are wearing yellow and blue today in support of Ukraine. Donations can be sent via the Disaster Emergency Committee by using the link below:

<https://www.dec.org.uk/>



Reception have been loving our new doctors and nurses role play area! They have been learning the names of all the equipment that doctors and nurses use and taking on different roles. The children have been really enjoying our people who help us learning! Please send any learning you do at home to [reception@roche.cornwall.sch.uk](mailto:reception@roche.cornwall.sch.uk) and we will stick this into their learning journeys!



100% in Spring 1

Brooke W  
Esme D  
Harry G  
Lily-Mai B  
Logan S  
Lola W  
Amelia S  
Isla C  
Olivia J  
Freddie R



Progress report

Bronze award  
(100% in 2 gigs)

Alfi H  
Xander P

Well done to the pupils below who made progress in their Spring 1 TTRS Gig compared with Autumn 2 and a special congratulations to the pupils above who achieved 100% in their Gig.

**Year 3**

Bella B  
Callum W  
Georgia L  
Harry D  
Harry J  
Hollie K  
Jake C  
Katrina T  
Kezia B  
Kloe A  
Lexi-Rose D  
Liam S  
Maisie F  
Morley H  
Paige H  
Poppy W  
Rosie K  
Ruby B  
Taylor M  
Zak A

**Year 4**

Charlotte B  
Daisy N  
Ellie M  
Holly O  
Jake S  
Kaelyn O  
Max A  
Seren T  
Sophia R  
Taylor H  
William B

**Year 5**

Amelia S  
Amelie H  
Charley-Dee N  
Emilia G  
Ethan N  
Evie G  
Finley W  
Harry H  
Isla C  
Jacob P  
Macie S  
Millie D  
Olivia J  
Ruan R  
Tilly-Rose T  
William B

**Year 6**

Brooke W  
Esme D  
Ethan D  
Harry G  
Joseph L  
Kerris R  
Lola W  
Riley S  
Riley-Joe R  
Sophie B

Magazines



Mrs Powell and Year 6 are in need of magazines for an art project. If you have any you no longer require, please pop them to the office.

Many thanks.





# Raising a Reader: Top Tips for Parents to Foster a Love of Reading

Free Online Training!

Dandelion Training are a fantastic company who we regular use to up-skill our staff both at Roche, and across the academy trust.

On Wednesday March 30<sup>th</sup>, between 7pm and 7:45pm, they are kindly offering a free, online training for parents on how to develop a love of reading in children. Their trainings are fun, relaxed and informal – and they won't force you to offer ideas or have your camera on! Reading really is the cornerstone of learning, and whilst many children learn to decode (physically read words) fluently, often the ability to comprehend or the enjoyment reading can bring, often takes some encouragement, particularly if reading has been a challenge so far!

Sign up for free and see how you can support your child at: <https://www.dandelionlearning.co.uk/raising-a-reader-top-tips-for-parents-to-foster-a-love-of-reading-free-training/>



## Football Report by Logan

On Tuesday we played an away game at Nanpean School and we won 3-1. Seb and myself scored a goal each and Nanpean scored an own goal which went to us.

I think the whole team get 'man of the match' because everyone played really well.

We are looking forward to the away match to Whitemoor next week and the upcoming Snell Cup.

*Please note next week's away match includes the netball team so there is no netball club next Tuesday (22<sup>nd</sup> March).*

## Wellbeing Easter Egg Competition

Your child has been sent home with a 'Design your own Easter Egg' competition.

If your child would like to take part, please **colour in** your egg (instructions on the back of the sheet) and return to the school office no later than Friday 25<sup>th</sup> March (so they can be posted for judging).

The brief is to design an Easter Egg that represents core values such as your favourite hobby, role model or favourite song.

Please make sure the section with your name, school etc is completed on the front of the sheet.

Good luck!



# ROCHE & DISTRICT YOUNG FARMERS



# Easter Bingo



Saturday 2nd April  
Doors Open 6.30pm  
Eyes Down 7.15pm



Refreshments Available

Roche Victory Hall - Victoria Road, Roche  
**GREAT PRIZES! FUN FOR ALL!**

Raising Money for Forage Aid and Club Funds  
Kate 07977 916 563 or Claudia 07955 399 924



# Roche & District Young Farmers

SATURDAY 2ND APRIL

11AM - 3PM



# EASTER FETE

**FUN FOR ALL AGES**  
**FOOD, CRAFT STALLS, TOMBOLA, CAR WASH**

RAISING FUNDS FORAGE AID & CLUB FUNDS

**Roche Victory Hall**

For more Information -  
Kate 07977 916 563 or Claudia 07955 399 924



## E-Safety – Screen Time

### What is screen time?

Screen time is the amount of time that someone spends using a device or computer, watching television or playing on a games console. Although managing this is important, focusing on the type of activities that children are doing online is essential. A recent report suggested using the Goldilocks method – ‘not too little, not too much but just the right amount’.

### Screen time facts and statistics



One in three Internet users online **worldwide** is under 18 according to [UNICEF report](#)



41% of parents of 12-15s find it hard to control their child's screen time according to the latest [Ofcom Children and Parents: Media use and attitudes report 2017](#)



According to [Oxford University research of 20,000 parents](#) of children aged between 2 and 5 screen time limits may have nothing to do with a young child's ability to thrive.

### Potential risks of too much screen time



#### Effect of screen time on sleep

Sleep cycles are affected by blue light from screens tricking our brain into thinking it is still daylight, making it difficult to sleep.



#### Effect on behaviour

We're creatures of habit so it doesn't take long to get used to glancing at your smartphone 150 times a day.



#### Effects of screen time on brain development

Screen-based entertainment increases central nervous system arousal, which can amplify anxiety.

Millennials are more forgetful than OAP's; they've outsourced their memory to Google, GPS, calendar alerts etc. Columbia University found that when people know that they'll be able to find information online easily, they're less likely to form a memory of it.

For more information, head to <https://www.internetmatters.org/issues/screen-time/learn-about-it/>



# Have Fun!

LOL



The perfect way  
for girls aged 5-11  
to get involved  
with football



#### TIME AND DATE

Monday 28<sup>th</sup> March 5.30pm – 6.30pm



#### LOCATION

Foxhole Stars AFC, Goverseth Park, Foxhole, PI 26 7UR



#### NEXT STEPS

Head to [thefa.com/WeetabixWildcats](https://thefa.com/WeetabixWildcats) to book on to a session,  
or for more info contact us via:

Mike Harwood 07706 177278

