



Newsletter

14th October 2022



Headteacher's Award – Awarded 7th October 2022

- Reception:** The Headteacher Awards in Reception Class this week are going to:
Tilly for your fantastic sequence of movements and confidence in PE.
Lola G for always working hard and enjoying learning new things.
Sam for your enthusiasm and effort in phonics this week. Mrs Kent has been really impressed with your letter formation.
- Year 1:** This week the Headteacher award went to Ethan for his fantastic story writing. Well done Ethan!
- Year 2:** We have had a busy week learning and writing our new story 'A Zambian Tale'. We are getting really confident in adapting our stories and using our story maps to support our writing. We are continuing to work on remembering our capitals letters and full stops in each sentence.
This week's Headteacher's awards goes to Alessia for working really hard in phonics and writing by using the initial sounds she knows to spell words and the second award goes to Skyla, for showing good listening during carpet time and keeping focussed during her lessons. Well done Skyla and Alessia!
- Year 3:** Last week's Headteacher awards went to Ollie and Jade. Ollie has been working really hard with his reading. He is enjoying reading different books and taking AR tests regularly. He was delighted to get 100% on a test. Well done Ollie! Keep up with the great reading. Jade's award was for fantastic perseverance and progress in Numbots. At the beginning of the year Jade struggled a little to log on to Numbots. She is now doing this independently and progressing through the levels of Numbots. Well done Jade for persevering, it has paid off!
- Year 4:** This week's awards went to Harry D for excellent work in rounding and applying his learnt knowledge to a new problem and Marshall for fantastic maths work on ascending, descending and rounding numbers.
- Year 5:** A fantastic week in Year 5 this week! We thoroughly enjoyed a STEM day on Friday with ex-RAF engineer, Mr Slater. We learnt about trajectory and aerodynamics, as well as building and launching rockets! As for the certificates...a big well done to Jack and Taylor H. Jack has had a great week in maths, with consistent and considered answers to a range of questions. Taylor was particularly successful in Art. He followed instructions carefully to complete the task, and then continued to help in the classroom. Congratulations both!
- Year 6:** We have some future engineers in the making in Year 6! Well done to Amelia, Emilia, Evie, William and Finley who have measured, marked and cut their wood for their bridges really accurately. Also, well done to Thomas who really understood how to use semi-colons this week in English.

Golden Tickets

- Reception:** Olivia for super effort in phonics.
Year 1: Levi for great holding onto a sentence.
Year 2: Charlie for superb effort in class.
Year 3: Senara for 100% spellings in RWI.
Year 4: Callum for 100% reading comprehension.
Year 5: Cory for meeting his MC target.
Year 6: Jacob for being super helpful in breakfast club.



Summer Reading Challenge 2022



Presented by The Reading Agency.
Delivered in partnership with libraries.

Congratulations to the children at Roche CP School who completed their Summer Reading Challenge over the summer holidays. The challenge was to read 6 books over the break and gain stickers and awards at their local libraries. Children from Roche School completed their challenge at St Austell and Bodmin Library this year! Well done to:



Bali B	Roanna B
George F	Charlotte B
Maisie F	Levi J
Flora P	Holly O
Janey S	Mylor O
Liam S	



Pen Licence

Congratulations to Harry, Amelie, Isla, Amelia and William in Year 6 who have gained their pen licence!



Wellbeing and Mental Health Day

World Mental Health Day is held every year on the 10th October.

In school, we marked this with an assembly on Wednesday and today children took part in HelloYellow, a nationwide event organised by Young Minds; photos to follow next week!

You can still donate to the Young Minds charity to support mental health work with children and young people here: <https://www.justgiving.com/fundraising/roche-school6>

The charity Mind, have these tips for supporting your mental health:

1. Spend time with or in nature. You may go to a local park, find a tree-lined street to travel down; visit a nature reserve or go to an allotment or garden. Spending time in natural surroundings or with animals is proven to reduce feelings of stress and anxiety and improve your mood.
2. Practise meditation or mindfulness to find calm and restore. There are lots of ways to include mindfulness in your day — you can take time to focus on your breathing or try out mindfulness colouring.
3. A few times a week, take time to move. Mind and body are one; so, whether it's going for a walk, climbing, swimming or attending a yoga class, movement is a great way to de-stress, increase feel-good hormones and improve your overall health.
4. Have a digital detox. Phones and social media can cause us to feel anxiety and pressure. Taking some time away from technology, whether it's short breaks away from your phone or a day when you limit all technology, can be really helpful for reducing stress and worry.
5. Talk it out. If you're ever worried about your mental health or start to feel like you're becoming stressed or anxious, talking to someone you trust, such as a friend or family member, is a great way to calm yourself down and look after yourself.

Individual Photographs



Individual and sibling school photographs will take place in school on Friday 11th November.

Please make a note of this date in your diary.

Halloween Disco



The Halloween Disco tickets are still available on Parent Pay for £2 each. KS1 children (Reception class, Year 1 and Year 2) are welcome to get changed in their classrooms with a parent/guardian helper. A reminder that KS1 children must have a parent/carer or nominated person to stay with them at the disco.

KS2 children can be left unattended.

Tickets for the disco will be given out next week.

Dates for your Diary



<u>Date</u>	<u>Event</u>	<u>Class</u>	<u>Information</u>
18 th October	The Tide Climbing Centre, Wadebridge	Year 5	Please complete consent on Parent Pay including waiver form for The Tide
18 th October	Football and Netball Away match at Luxulyan	Football and Netball team	Please complete consent on Parent Pay
18 th October	Netball Club CANCELLED	Netball Club	Please note Netball Club is cancelled this day because of the match.
21 st October	Halloween Disco	Whole School	Tickets available on Parent Pay
21 st October	LAST DAY OF TERM	Whole School	End of term – school end 3.15pm as usual.
24 th – 31 st October	HALF TERM	Whole School	Half Term Break
1 st November	Back to School	Whole School	Back to School
11 th November	Individual Pupil Photographs	Whole School	Individual and sibling photographs

Tilly's Diary



Best day ever!

I was overjoyed to see that Mrs George ordered some tissues which meant that I was allowed to have the box! My favourite items to play with are boxes, tennis balls and my pink boa!

What are your favourite toys? How many objects can you turn a box into? Maybe you could use a small box to hold pencils or a large box as a boat or a car or even a castle?

If you have a box (whatever size) please send me photos of what you've turned your box into! (reception@roche.tpacademytrust.org) Mrs Batten can put them on the newsletter! I know you are all really creative!

Have a lovely weekend everyone! Remember next week is the last week of term - our last day is 21st October and we come back on the 1st November.

Love Tilly x



Play Football



The perfect way
for girls aged 5-11
to get involved
with football



Scan here to book a place



TIME AND DATE

Monday evenings 5.30-6-30pm



LOCATION

Foxhole Stars AFC, Goverseth Park, Foxhole, St Austell. PL26 7UR



NEXT STEPS

Head to thefa.com/WeetabixWildcats to book on to a session,
or for more info contact us via: Mike Harwood 07706177278

