
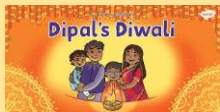
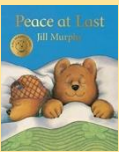

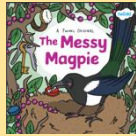

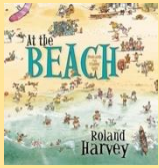



# PSHE Year Planner Foundation Stage

Relationships      Health/ Wellbeing      Living in the Wider World  
 Protected Characteristics      British Values

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Topic or Stand-Alone?</b>	Topic (All About Me)	Topic (Festivals and Celebrations)	Standalone	Topic (People Who Help Us)	Standalone (Handa's Surprise and Looking after the Environment)	Topic (The Seaside)
<b>PSHE lessons</b>	All about me/ School Rules	Festivals and Celebrations	E-safety/ Sleep Routine	People who help us	Looking after the environment/Handa's Surprise	Sun/ Beach Safety
<b>Texts linked to PSHE, British Values, Protected Characteristics</b>	<p>Non-fiction books about families  <b>British Values: respect</b>                      Protected characteristics: sexual orientation                      From Head to Toe                      I am too absolutely small for school                      Welcome to the World                      Only One You                      Super Duper You</p> 	<p>Non-fiction books about festivals and celebrations                      Dipal's Diwali                      Sparks in the Sky  <b>British Values: respect</b>                      Protected characteristics: race/ religion/ belief</p> 	<p>Peace at Last                      Use your tablet safely song</p>  	<p>Whose hat is this?                      Clothesline clues to the jobs people do                      Non-fiction books about Police Officers, Fire Fighters, Lifeboat Crew, Ambulance and Air Ambulance Crew                      Charlie and the Firefighter                      The Zoo Vet</p> 	<p>Handa's Surprise                      The Tale of the Whale                      Somebody Swallowed Stanley                      The Messy Magpie</p>  	<p>Non-fiction books about the seaside and Under the sea                      At the Beach</p> 

Local links	Walk around local village	Visit to the Eden Project		Visit from local Police Officers and Fire Fighters	Litter pick in the local village	Visit to a local beach/ aquarium
<b>Further links to PSHE/ British Values/ Protected Characteristics</b>	<p>Daily PE sessions/ Fitness Friday</p> <p>RE lessons</p> <p>Oral hygiene, hand washing experiment and importance of eating a variety of fruit and vegetables.</p> <p>Healthy Eating workshop</p> <p>All about me Bags Walk around the village Bring in Baby Photos Self-portrait Display <b>British Values (self) respect.</b></p> <p>Visit from Brighter Smiles + Fluoride Applications at two later dates (Dentist)</p>	<p>Daily PE sessions/ Fitness Friday</p> <p>RE lessons</p> <p>Hinduism and Diwali Workshop <b>British Values: respect/ tolerance</b> Protected <b>Characteristics: race/ religion and beliefs</b></p> <p>Listening to different kinds of music from around the world <b>British Values: respect/ tolerance</b> Protected <b>Characteristics: race/ religion and beliefs</b></p> <p>Replicate a dance inspired by Diwali <b>British Values: respect/ tolerance</b> Protected <b>Characteristics: race/ religion and beliefs</b></p>	<p>Daily PE sessions/ Fitness Friday</p> <p>RE lessons</p>	<p>Daily PE sessions/ Fitness Friday</p> <p>RE lessons</p> <p>Police station/Fire station/Vets/Doctors role play Visit from a person who helps us e.g., police officer, fire fighter A walk to the local vet <b>British Values: respect/ rule of law</b></p> <p>Road safety <b>British Values: respect/ rule of law</b></p> <p><b>We understand and respect the roles of people who help us.</b></p>	<p>Daily PE sessions/ Fitness Friday</p> <p>RE lessons Handa's Surprise Super Learning Week <b>British Values: respect/ tolerance</b> Protected <b>Characteristics: race/ religion and beliefs</b></p> <p>Litter pick <b>British Values: We try to help those living in our community.</b></p> <p>Recycling/caring for our environment <b>British Values: We understand the consequences of our actions</b></p>	<p>Daily PE sessions/ Fitness Friday</p> <p>RE lessons</p> <p>Trip to the Beach and Aquarium</p> <p>Writing posters about being safe at the beach.</p> <p>History SLD- Why is the Queen special? Write a letter/card to the queen. Invitations to a royal party <b>British Values: respect</b></p>
<b>Key Questions:</b>	<p>How am I special?</p> <p>How do I look after my body?</p>	<p>Why do we celebrate special times?</p>	<p>Why do we need a good nights sleep?</p> <p>How do you use a tablet safely?</p>	<p>What if I need help?</p> <p>How do you cross the road safely?</p>	<p>Why do we recycle?</p> <p>How do we care for our natural world?</p>	<p>How do we adapt our behaviour and clothing to suit the different seasons?</p>

						Why is the Queen special?
<b>Knowledge content</b>	<ul style="list-style-type: none"> <li>I see myself as a valuable individual</li> <li>I know and can talk about the different factors that support their overall health and wellbeing: regular physical activity, healthy eating, tooth brushing.</li> <li>I can explain the reasons for rules, know right from wrong and try to behave accordingly.</li> <li>I understand the importance of healthy food choices.</li> </ul>	<ul style="list-style-type: none"> <li>I know some similarities and differences between religious and cultural communities in this country.</li> </ul>	<ul style="list-style-type: none"> <li>I know and can talk about the different factors that support their overall health and wellbeing: sensible amounts of screen time, having a good sleep routine.</li> </ul>	<ul style="list-style-type: none"> <li>I can talk about the lives of people around them and their roles in society.</li> <li>I know and can talk about the different factors that support their overall health and wellbeing: -being a safe pedestrian Explain the reasons for rules, know right from wrong and try to behave accordingly. - Crossing the road</li> </ul>	<ul style="list-style-type: none"> <li>I know about why we recycle.</li> <li>I can explain how to care for our environment.</li> <li>I know some similarities and differences between life in this country and life in Kenya.</li> </ul>	<ul style="list-style-type: none"> <li>I know and can talk about the different factors that support their overall health and wellbeing: -beach safety/ sun safety.</li> <li>I can explain the reasons for rules, know right from wrong and try to behave</li> </ul>
<b>Skills content</b>	<ul style="list-style-type: none"> <li>I can follow rules carefully and know why they are important.</li> </ul>	<ul style="list-style-type: none"> <li>I can talk about different festivals and celebrations.</li> </ul>	<ul style="list-style-type: none"> <li>I can talk about why it is important to get a good night's sleep.</li> </ul>	<ul style="list-style-type: none"> <li>I can safely cross a road with an adult.</li> <li>I know how to call for help in</li> </ul>	<ul style="list-style-type: none"> <li>I can talk about why recycling is important</li> <li>I can recognise the </li> </ul>	<ul style="list-style-type: none"> <li>I can follow rules to help me to stay safe in the sun.</li> </ul>

	<ul style="list-style-type: none"> <li>• I know how to brush my teeth effectively.</li> <li>• I can make healthy food choices.</li> </ul>		<ul style="list-style-type: none"> <li>• I know how to use a tablet safely.</li> </ul>	<p>an emergency.</p> <ul style="list-style-type: none"> <li>• I can show knowledge and understanding about objects, people and events in different ways (e.g. role play, talking, drawing, writing.)</li> <li>• I can begin to identify and recount some details about the roles of people who help me in society.</li> <li>• I can describe the differences between: fire fighters, police officers, lifeboat crew, vets, doctors, ambulance crew etc...</li> </ul>	<p>recycling symbol.</p> <ul style="list-style-type: none"> <li>• I can sort what is rubbish and what can be recycled.</li> <li>• I know some difference between England and Kenya. (comparison)</li> </ul>	<ul style="list-style-type: none"> <li>• I can follow rules to help me to stay safe at the beach.</li> </ul>
<b>Sequence of Lessons</b>	L1= Oral Hygiene L2= Washing hands L3= Getting dressed (Practise zips etc.)	Diwali Super Learning Day Diwali Focus Week – throughout continuous	L1= E-safety	L1= Fire station/ Fire Fighters L2= Doctors/Ambulance Crew	L1= Messy Magpie story- introduce littering L2= All about recycling L3= Recycling sorting L3= Litter pick	SA week- The Queen Platinum Jubilee (June 2022)

	L4= Healthy eating workshop (Lizzie)	provision and topic lessons.	L2= Having a good sleep routine	L3= Visit from a person that helps us L4= Dentists L5= Police Station/ Police Officers, crossing the road safely L6= Vets and walk to local vets	SA week- Handa's Surprise	
<b>Vocabulary</b>	health, wellbeing, physical activity, oral hygiene, healthy eating, rules, toothbrush, toothpaste, bacteria, germs, healthy food, unhealthy food	festivals, celebrations, similarities, differences, Hinduism, Diwali, diva lamp, mehndi, rangoli pattern, firework, sita, rama, lights	e-safety, screen time, wellbeing, internet, app, games, videos, message, sleep routine, grown up, safe, bedtime, tired, energy, feeling, rest	pedestrian, community, zebra crossing, lollipop person, traffic light, look, vehicle, bike, cyclist, green, red, safe, unsafe, wait, look, listen	recycle, environment, protecting, bin, paper, cardboard, litter, cans, earth, biodegradable global warming, eco system, plastic, glass, compost, clothes, waste, tip, landfill. Food waste, trees.  kenya, tribe, Africa, country, village  comparison, similarities, differences	sun/ beach safety, wellbeing, sun, sea, jellyfish, lifeguard, flag, danger, hydrated, protect, t-shirt, sun cream, sunglasses, sun hat, sunshine, help, swim, surfing
<b>Resources</b>						
<b>Revisit Learning in:</b>	Revisiting Broader Curriculum 1:1 Learning Journey Time Continuous Provision	Revisiting Broader Curriculum 1:1 Learning Journey Time Continuous Provision	Revisiting Broader Curriculum 1:1 Learning Journey Time Continuous Provision	Revisiting Broader Curriculum 1:1 Learning Journey Time Continuous Provision	Revisiting Broader Curriculum 1:1 Learning Journey Time Continuous Provision	Revisiting Broader Curriculum 1:1 Learning Journey Time Continuous Provision
<b>Assemblies</b>	Autumn Term 1 <sup>st</sup> half 13- 17 September Intro to British Values with	Autumn Term 2 <sup>nd</sup> half 1-5 Nov Five ways to wellbeing /	Spring Term 1 <sup>st</sup> half	Spring 2 <sup>nd</sup> half 28 Feb- 4 <sup>th</sup> March St. Piran's Day		

		a focus on rules		Climate Change Cop 26	10- 14 January	World Religion Day	7 <sup>th</sup> March- 11 <sup>th</sup> March	International Women's Day		
	20- 24 September	Intro to British Values with a focus on rules	8- 12 Nov	Remembrance Day (Respect, Individual Liberty)	17- 21 January	Martin Luther King Day Rosa Parks	14- 18 March	Refugees (Ukraine)		
	27 September- 1 Oct	British Values- Democracy (linking to School Council)	15- 19 Nov	Anti- bullying week	24- 28 January		21- 25 March	Review of British Values		
	4-8 Oct	5 ways to wellbeing	22- 26 Nov	NSPCC- speak out stay safe assembly	31 January- 4 <sup>th</sup> February	Chinese New Year	28 March- 1 <sup>st</sup> April	Anti- bullying (linked to David and Goliath)		
	11 Oct- 15 Oct	British Values- Respect (Black History month)	29 Nov – 3 Dec	Individual liberty/ human rights	7 <sup>th</sup> February- 11 <sup>th</sup> February	Children's mental health week- launch of our 5 ways to wellbeing video	4 <sup>th</sup> April- 8 <sup>th</sup> April	Autism Awareness		
	18- 22 Oct	Harvest Festival- Acts of kindness	6- 10 Dec	Anti- Bullying assembly	14 <sup>th</sup> February- 18 <sup>th</sup> February	Random Acts of Kindness				
<b>Community Work/ Acts of Kindness</b>	Collecting Food for the local food bank at our school.		Santa Fun Run in aid of Children's Hospice				Dress up for World Book Day Ukraine collection Writing 'thank you' cards for people who help us	Litter pick in local village Creating minibeast homes		Cake sale (Link to Queen's Jubilee)