

# Newsletter

28th March 2024



### Headteacher Awards Awarded 22<sup>nd</sup> March 2024

Reception: Well done to Rowan for knowing different ways of making ten and being able to write

fantastic number sentences to show this. Well done also to Willow for the fantastic

questions you asked the Police Officers during their visit.

**Year 1:** Whole class award for an amazing trip to Heligan gardens following the story of The Giant

and Going on a Plant Hunt to find George Forrest's rhododendrons.

**Year 2:** Two Headteacher's certificates were awarded this week. The first one was for Brooke

for persevering with our sewing project and listening to instructions. The second award was given to Delilah for helping others with their DT sewing and for showing kindness.

Well done!

**Year 3:** Well done to Year 3 who achieved a whole class award this week for their fantastic

behaviour at the Farm and Country day. The whole class listened and had a great time. Year 3 represented Roche School superbly. Well done to you all, we are very proud of

you.

**Year 4:** Year 4 achieved a whole class award this week! The Year 4 Team plus Miss Chambers

were really impressed with Year 4 on our first class trips of the year!! We had a fantastic time at Lanhydrock House where we stepped back in time and learnt lots of local historical knowledge. The children then had an amazing time at the Farm and Country Day! Year 4 were polite, well behaved and showed some great listening skills. Go Year

4!

**Year 5:** An award for Georgia this week for being a brilliant TA during the jar painting! Well done

also to Bonnie for having super patience and perseverance in Art!

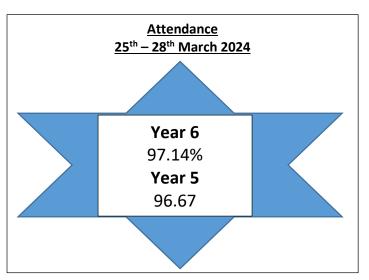
Year 6: Congratulations to Abbigail for her fantastic writing. She listened well and applied

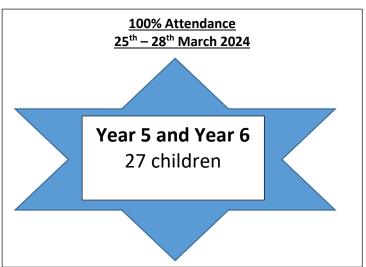
herself brilliantly to try and include lots of features. Well done to Freddie for representing the class brilliantly when discussing DT. He used lots of technical terms and

was able to describe his work in great detail.

#### Pen Licences – Year 6

Well done to Jamie and Daisy who gained their pen licences this week!





#### **Clubs Next Term**

All clubs have now finished. A new clubs list will be sent out on the 15<sup>th</sup> April.

One club in particular requires full dedication. This is the Tec Girls club for 10 girls from Year 4 and Year 5. Details below:

## MICRO:BIT MENTORS AFTER SCHOOL CLUB

The TECgirls micro:bit mentors club will be open to all schools in Cornwall and is for up to 10 year 4 or 5 girls and starts on the 30th of April. This is an 8-week club and this year the focus will be on the theme of smart homes. Each lesson will focus on a different element and all build on the different things you can do with a micro:bit. We are then planning an in-person all-day event where the girls all come together in an all-day event on the 2nd of July to build their own model smart home. We have support from STEM Learning and STEM Ambassadors to run this project and we are aiming to reach 10 schools (100 girls) across Cornwall.

This club is slightly different to standard afterschool clubs as it is run as a hybrid event. Teachers will be hosting the clubs in the schools and will be working with the girls to turn on and support the tech. Our team will be running the sessions live from a Google Teams meeting.



#### **Events Outside of School**

On Saturday, Roanna travelled to Cheltenham with the St Austell Youth Band to compete in the National Youth Brass Band Championships of Great Britain.

They competed against bands from all over the country and came 3rd out of 17 bands.

It was a very long day and the band celebrated by singing all the way home (no really - literally all the way, even in the services when we had a comfort stop!)

Well done to Roanna and St Austell Youth Band!

#### **Events Outside of School**

Well done to Bradley who has completed some karate grading and has gone from yellow belt to yellow stripe belt last Saturday!

Well done on showing such discipline in your sport – what an achievement Bradley, we are proud of you!

If you take part in any activities outside of school, please do email a photograph and any information to <a href="mailto:reception@roche.tpacademytrust.org">reception@roche.tpacademytrust.org</a>







#### **Events Outside of School**

Over the last three weekends, Steven has achieved his Bikeability certificate for completing levels 1 and 2!

Well done Steven – that is a brilliant achievement!

Thank you for showing us your certificate!



#### **Dates for your Diary**

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	Thurs 28 <sup>th</sup> March	Last Day of Term	Normal finish of 3.10pm	Whole School
	Fri 29 <sup>th</sup> March – Fri 12 <sup>th</sup> April	Easter Holidays	School Closed	Whole School
	Monday 15 <sup>th</sup> April	Back to School		Whole School
	Wednesday 17 <sup>th</sup> April	Bodmin and Wenford Railway	School Hours	Year 2
	Friday 26 <sup>th</sup> April	Royal Cornwall Museum, Truro	School Hours	Year 2
	Monday 6 <sup>th</sup> May	Bank Holiday	School Closed	Whole School
	Mon 27 <sup>th</sup> – 31 <sup>st</sup> May	Half term	School Closed	Whole School
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#### **Online Safety**

Over the Easter Holidays, it's only natural that children will be spending more time on devices. Why not host an online games night? Talk to your child about their favourite online game and play it with them. This is a great way to learn and give your child an opportunity to talk about online safety.

The NSPCC have brilliant hints and tips regarding online safety for primary school children and beyond.

The PDF to help with the online games night is here:

https://www.nspcc.org.uk/globalassets/documents/online-safety/online-safety---downloadable-resources/online gaming safety game jan2022.pdf

More hints and tips can be found here: <a href="https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/">https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/</a>

#### **Girls Football**



The Girls Football team was honoured to have got through to the final of the Cornwall schools games on Friday. It was a pleasure to see former Roche School children Jack and Rory helping out with the event! The girls were up against some tough teams, but they played with great determination throughout the whole day. We stickers gained some for teamwork, determination, passion and honesty. They showed exceptional manners and compassion towards other teams, from helping them up if they fell over and giving them cheers at the end of matches. They were a credit to the school. Well done, girls.

The player of the match goes to Abbigail! Well done Abbigail your determination was outstanding. You were ready at all times and saved some cracking goals!

#### **School Trips**

Year 4 went to Lanhydrock on Wednesday as part of their local history unit. We stepped back into the Victorian times! We learnt lots of facts about the Robartes family and really enjoyed seeing the amazing historical artefacts.

Year 3 + 4 went to the Farm and Country Show at Wadebridge on Thursday. We took part in lots of farming activities and listened to the interesting exhibitors. We learnt about farm animals, planting, auctioneering, Cornish cheese, eggs, milking, making butter and so much more! It was a thoroughly enjoyable day!

Year 1 went to Heligan last week. They had a wonderful day expanding their knowledge about George Forrest and his rhododendrons.

Please enjoy our photos below of our school trips!















The egg bashing event at school was a success yesterday with KS2 battling it out for the winning non-smashed egg!

Winners from each class were Taylor, Josie, Skyla and Bradley with the champions of champions being Josie!

Thank you to everyone who took part and for your sportsmanship!

#### **Hollies Visit**

Year 2 and Year 4 made Easter Cards for the Hollies Care Home in Roche. A small group of children delivered them on Wednesday alongside some daffodils. This is part of our 5 Ways to Wellbeing - 'Give' category. Well done Roche what a kind thing to do in our community.











#### Wellbeing

#### Mrs Carlin says:

When children come to me about worries, we often talk about whether the worry is in their "Circle of control"

Although it is not easy, if the worry is outside of their control, we have to find ways to let it go. Talking about things, drawing pictures or positively talking about the things children can control are all good ways of doing this.

### 5 ways to wellbeing: 5 IDEAS FOR THE EASTER HOLIDAYS



**ACTION FOR HAPPINESS** 





Go and play in the park with your friends or get out on your bike



Take
notice of
how the
days are
changing
in length
and new
flowers
appearing



Watch a

TED talk to find out about something that interests you Make some

some Easter Crispie cakes and share with friends or family

#### MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY Active April 2024 Do a body-scan meditation Commit Spend as Eat healthy and natural food today and drink lots of water Get natural Listen to Turn a to being light early in your body and regular activity more active as possible be grateful for into a playful this month, outdoors the lights in what it can do game today the evening starting today today feels 14 Relax your 10 Turn your Set yourself -Move as much as possible, even if you're stuck inside Have a day Make sleep body & mind a priority and with less screen chores into a goal or sign up with yoga, go to bed in time and more fun form of to an activity good time movement challenge exercise meditation Get active Spend less Regularly Try out a by singing outside. Plant time sitting new exercise, today (even if some seeds and today. Get up stretch and activity or encourage you think you and move breathe during dance class can't sing!) growth more often the day 22 Take an Find a fun Meet a friend outside for a walk and a chat Enjoy moving to your favourite music. Go out and extra break in exercise to do do an errand night and take while waiting your day and for a loved one time to recharge for the kettle Really go for it or neighbour yourself 15 minutes to boil Make time Become an activist for a to run, swim, cause you really believe in

Happier · Kinder · Together



#### **Easter Service**

On Monday the whole school went to St Gomonda's Church for a service with Revd Ruth Murfitt.

Each class made an Easterthemed craft to take to the church to display over the Easter period included painted jars and Easter gardens.

Year 4 made a cross of crosses (pictured) which looks absolutely beautiful at the front of the church.

Thank you to Revd Ruth and her helpers who made the service very special for us.

You are welcome to visit the church to view the children's work.

