



Newsletter

28th March 2024

Roche CP School Rules for Life

- Show good manners at all times
- Follow instructions with thought and care
- Care for everyone and everything

Headteacher Awards Awarded 22nd March 2024

- Reception:** Well done to Rowan for knowing different ways of making ten and being able to write fantastic number sentences to show this. Well done also to Willow for the fantastic questions you asked the Police Officers during their visit.
- Year 1:** Whole class award for an amazing trip to Heligan gardens following the story of The Giant and Going on a Plant Hunt to find George Forrest's rhododendrons.
- Year 2:** Two Headteacher's certificates were awarded this week. The first one was for Brooke for persevering with our sewing project and listening to instructions. The second award was given to Delilah for helping others with their DT sewing and for showing kindness. Well done!
- Year 3:** Well done to Year 3 who achieved a whole class award this week for their fantastic behaviour at the Farm and Country day. The whole class listened and had a great time. Year 3 represented Roche School superbly. Well done to you all, we are very proud of you.
- Year 4:** Year 4 achieved a whole class award this week! The Year 4 Team plus Miss Chambers were really impressed with Year 4 on our first class trips of the year!! We had a fantastic time at Lanhydrock House where we stepped back in time and learnt lots of local historical knowledge. The children then had an amazing time at the Farm and Country Day! Year 4 were polite, well behaved and showed some great listening skills. Go Year 4!
- Year 5:** An award for Georgia this week for being a brilliant TA during the jar painting! Well done also to Bonnie for having super patience and perseverance in Art!
- Year 6:** Congratulations to Abbigail for her fantastic writing. She listened well and applied herself brilliantly to try and include lots of features. Well done to Freddie for representing the class brilliantly when discussing DT. He used lots of technical terms and was able to describe his work in great detail.

Pen Licences – Year 6

Well done to Jamie and Daisy who gained their pen licences this week!

Attendance
25th – 28th March 2024

Year 6
97.14%
Year 5
96.67

100% Attendance
25th – 28th March 2024

Year 5 and Year 6
27 children

Clubs Next Term

All clubs have now finished. A new clubs list will be sent out on the 15th April.

One club in particular requires full dedication. This is the Tec Girls club for 10 girls from Year 4 and Year 5. Details below:

**MICRO:BIT MENTORS
AFTER SCHOOL CLUB**

The TECgirls micro:bit mentors club will be open to all schools in Cornwall and is for up to 10 year 4 or 5 girls and starts on the 30th of April. This is an 8-week club and this year the focus will be on the theme of smart homes. Each lesson will focus on a different element and all build on the different things you can do with a micro:bit. We are then planning an in-person all-day event where the girls all come together in an all-day event on the 2nd of July to build their own model smart home. We have support from STEM Learning and STEM Ambassadors to run this project and we are aiming to reach 10 schools (100 girls) across Cornwall.

This club is slightly different to standard afterschool clubs as it is run as a hybrid event. Teachers will be hosting the clubs in the schools and will be working with the girls to turn on and support the tech. Our team will be running the sessions live from a Google Teams meeting.

Events Outside of School



On Saturday, Roanna travelled to Cheltenham with the St Austell Youth Band to compete in the National Youth Brass Band Championships of Great Britain.

They competed against bands from all over the country and came 3rd out of 17 bands.

It was a very long day and the band celebrated by singing all the way home (no really - literally all the way, even in the services when we had a comfort stop!)

Well done to Roanna and St Austell Youth Band!



Events Outside of School

Well done to Bradley who has completed some karate grading and has gone from yellow belt to yellow stripe belt last Saturday!

Well done on showing such discipline in your sport – what an achievement Bradley, we are proud of you!

If you take part in any activities outside of school, please do email a photograph and any information to reception@roche.tpacademytrust.org



Events Outside of School

Over the last three weekends, Steven has achieved his Bikeability certificate for completing levels 1 and 2!

Well done Steven – that is a brilliant achievement!

Thank you for showing us your certificate!



Dates for your Diary

Thurs 28 th March	Last Day of Term	Normal finish of 3.10pm	Whole School
Fri 29 th March – Fri 12 th April	Easter Holidays	School Closed	Whole School
Monday 15 th April	Back to School		Whole School
Wednesday 17 th April	Bodmin and Wenford Railway	School Hours	Year 2
Friday 26 th April	Royal Cornwall Museum, Truro	School Hours	Year 2
Monday 6 th May	Bank Holiday	School Closed	Whole School
Mon 27 th – 31 st May	Half term	School Closed	Whole School

Online Safety

Over the Easter Holidays, it's only natural that children will be spending more time on devices. Why not host an online games night? Talk to your child about their favourite online game and play it with them. This is a great way to learn and give your child an opportunity to talk about online safety.

The NSPCC have brilliant hints and tips regarding online safety for primary school children and beyond.

The PDF to help with the online games night is here:

https://www.nspcc.org.uk/globalassets/documents/online-safety/online-safety---downloadable-resources/online_gaming_safety_game_jan2022.pdf

More hints and tips can be found here: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/>

Girls Football



The Girls Football team was honoured to have got through to the final of the Cornwall schools games on Friday. It was a pleasure to see former Roche School children Jack and Rory helping out with the event! The girls were up against some tough teams, but they played with great determination throughout the whole day. We gained some stickers for teamwork, determination, passion and honesty. They showed exceptional manners and compassion towards other teams, from helping them up if they fell over and giving them cheers at the end of matches. They were a credit to the school. Well done, girls.

The player of the match goes to Abbigail! Well done Abbigail your determination was outstanding. You were ready at all times and saved some cracking goals!

School Trips

Year 4 went to Lanhydrock on Wednesday as part of their local history unit. We stepped back into the Victorian times! We learnt lots of facts about the Robartes family and really enjoyed seeing the amazing historical artefacts.

Year 3 + 4 went to the Farm and Country Show at Wadebridge on Thursday. We took part in lots of farming activities and listened to the interesting exhibitors. We learnt about farm animals, planting, auctioneering, Cornish cheese, eggs, milking, making butter and so much more! It was a thoroughly enjoyable day!

Year 1 went to Heligan last week. They had a wonderful day expanding their knowledge about George Forrest and his rhododendrons.

Please enjoy our photos below of our school trips!





The egg bashing event at school was a success yesterday with KS2 battling it out for the winning non-smashed egg!
Winners from each class were Taylor, Josie, Skyla and Bradley with the champions of champions being Josie!

Thank you to everyone who took part and for your sportsmanship!

Hollies Visit

Year 2 and Year 4 made Easter Cards for the Hollies Care Home in Roche. A small group of children delivered them on Wednesday alongside some daffodils. This is part of our 5 Ways to Wellbeing - 'Give' category. Well done Roche what a kind thing to do in our community.



Wellbeing

Mrs Carlin says:

When children come to me about worries, we often talk about whether the worry is in their “Circle of control.”

Although it is not easy, if the worry is outside of their control, we have to find ways to let it go. Talking about things, drawing pictures or positively talking about the things children can control are all good ways of doing this.

5 ways to wellbeing: 5 IDEAS FOR THE EASTER HOLIDAYS



				
Catch up with friends in your garden and have a chat	Go and play in the park with your friends or get out on your bike	Take notice of how the days are changing in length and new flowers appearing	Watch a TED talk to find out about something that interests you	Make some Easter Crispie cakes and share with friends or family

Active April 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	Commit to being more active this month, starting today	2	Spend as much time as possible outdoors today	3	Listen to your body and be grateful for what it can do	4	Eat healthy and natural food today and drink lots of water
5	Turn a regular activity into a playful game today	6	Do a body-scan meditation and really notice how your body feels	7	Get natural light early in the day. Dim the lights in the evening	8	Give your body a boost by laughing or making someone laugh
9	Turn your housework or chores into a fun form of exercise	10	Have a day with less screen time and more movement	11	Set yourself an exercise goal or sign up to an activity challenge	12	Move as much as possible, even if you're stuck inside
13	Make sleep a priority and go to bed in good time	14	Relax your body & mind with yoga, tai chi or meditation	15	Get active by singing today (even if you think you can't sing!)	16	Go exploring around your local area and notice new things
17	Be active outside. Plant some seeds and encourage growth	18	Try out a new exercise, activity or dance class	19	Spend less time sitting today. Get up and move more often	20	Focus on 'eating a rainbow' of multi-coloured vegetables today
21	Regularly pause to stretch and breathe during the day	22	Enjoy moving to your favourite music. Really go for it	23	Go out and do an errand for a loved one or neighbour	24	Get active in nature. Feed the birds or go wildlife-spotting
25	Have a 'no screens' night and take time to recharge yourself	26	Take an extra break in your day and walk outside for 15 minutes	27	Find a fun exercise to do while waiting for the kettle to boil	28	Meet a friend outside for a walk and a chat
29	Become an activist for a cause you really believe in	30	Make time to run, swim, dance, cycle or stretch today				







ACTION FOR HAPPINESS

Happier · Kinder · Together



Easter Service

On Monday the whole school went to St Gomonda's Church for a service with Revd Ruth Murfitt.

Each class made an Easter-themed craft to take to the church to display over the Easter period included painted jars and Easter gardens.

Year 4 made a cross of crosses (pictured) which looks absolutely beautiful at the front of the church.

Thank you to Revd Ruth and her helpers who made the service very special for us.

You are welcome to visit the church to view the children's work.

