



Newsletter

3rd March 2023



Headteacher's Awards Awarded 24th February 2023

- Reception:** The Head Teacher Awards in Reception Class went to:
Mia M for always having such a fantastic attitude to her learning and always willing to contribute ideas!
Janey for her wonderful work this week. She designed a new 'Rainbow Fire Engine' and loved showing her creation to her friends.
Oskar for his enthusiasm towards our new topic this half term 'People who help us'.
- Year 1:** This week the Headteacher awards went to Lara for working hard in phonics and applying her sound knowledge to her writing and also to Brendon for applying himself in maths this week by working hard to use repeated addition accurately for multiplication questions. Well done to you both!
- Year 2:** Harrison and Poppy gained Headteacher awards this week. Harrison for super neat writing about Mrs Rabbit – well done for remembering finger spaces! Poppy's was for a great improvement with her spellings and using her phonics sounds. Excellent work both!
- Year 3:** Headteacher awards for last week went to Josie M, Bradley and George! At the end of Spring 1, all three children finished RWI phonics and joined the English group. Last week they all settled in well, learning how to innovate a story and draw a story map. They came up with some great actions for words whilst learning the story. I'm looking forward to seeing them all write their own version of the story. Well done Josie M, Bradley and George, keep it up!
- Year 4:** Bella and Harry D were awarded Headteacher Awards for their fantastic work in English! Bella has consistently pushed herself all week and always managed to get to the end of our success criteria which was very impressive. Harry D did well for 2 of the days in his lessons but then on the 3rd day he doubled his progress!! Well done both!
- Year 5:** This week the Headteacher's awards went to Max A for making a lot of effort in Spanish and Ellie for getting really involved in a PE session. Well done to you both.
- Year 6:** This week, the Headteacher's awards went to Alfie for great responses within shared reading and producing a super information text about Gandhi and Evie for producing a super explanation with lots of the features. Well done!

Attendance
27th February – 3rd March 2023



Omitted from last newsletter (apologies).

KS2 Kindness Cup:
Morley

Pen Licence

Well done to Poppy and Marshall in Year 4 for gaining their pen licence at the end of half term.



Magazines

If you have any old suitable magazines, Year 6 would like them for an art project they are working on over the next few weeks. Please drop any in to the school office. Many thanks.



Year 5 Cake Sale

Thank you to everyone who donated and bought cakes from Year 5.

A total of £109.13 was made to be donated to ShelterBox!



Wellbeing – Mindful March

Mindful March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
 1. Set an intention to live with awareness and kindness	 2. Notice three things you find beautiful in the outside world	 3. Start today by appreciating your body and that you're alive	 4. Notice how you speak to yourself and choose to use kind words	 5. Bring to mind people you care about and send love to them	 6. If you find yourself rushing, make an effort to slow down	 7. Take three calm breaths at regular intervals during your day	 8. Eat mindfully. Appreciate the taste, texture and smell of your food
 9. Take a full breath in and out before you reply to others	 10. Get outside and notice how the weather feels on your face	 11. Stay fully present while drinking your cup of tea or coffee	 12. Listen deeply to someone and really hear what they are saying	 13. Pause to watch the sky or clouds for a few minutes today	 14. Find ways to enjoy any chores or tasks that you do	 15. Stop. Breathe. Notice. Repeat regularly	 16. Get really absorbed with an interesting or creative activity
 17. Look around and spot three things you find unusual or pleasant	 18. Have a 'no plans' day and notice how that feels	 19. Cultivate a feeling of loving-kindness towards others today	 20. Focus on what makes you and others happy today <small>dayofhappiness.net</small>	 21. Listen to a piece of music without doing anything else	 22. Notice something that is going well, even if today feels difficult	 23. Tune into your feelings, without judging or trying to change them	 24. Appreciate your hands and all the things they enable you to do
 25. Focus your attention on the good things you take for granted	 26. Choose to spend less time looking at screens today	 27. Appreciate nature around you, wherever you are	 28. Notice when you're tired and take a break as soon as possible	 29. Choose a different route today and see what you notice	 30. Mentally scan your body and notice what it is feeling	 31. Discover the joy in the simple things of life	

ACTION FOR HAPPINESS **Happier · Kinder · Together**

Parent Pay Consents Needed

7 th March	Brannel	5-a-side Football	Year 6 Boys Football
8 th March	Brannel	Snell Cup	Netball Children
8 th March	Brannel	Snell Cup	Football Team
14 th March	Roche School	Roche V St Dennis	Football Team
20 th June	London	London 2023	Year 6
5 th July	Porthpean	Porthpean Camp	Year 3 + 4

Netball Report

By Olivia

On Tuesday we played a game of netball against St Dennis School. Firstly, our team started off well and Steven scored us the first goal. It was an awesome start for Roche. After this, St Dennis scored a goal – it was a tie at 1-1. After this, Roche stopped going easy and another goal was scored by Amelie which bought the score to 2-1. Our little win didn't last long unfortunately, St Dennis scored another goal to tie us again! We played even harder but St Dennis just kept scoring! The final score was 5-2 to St Dennis. We lost but it was loads of fun. Our star player was Amelie but we all played an awesome game. Well done Team Roche!



Football Report

By Jenson



On Tuesday, Roche played St Dennis at home. As we kicked off, we immediately had lots of chances and one of the chances led to me scoring the first goal of the game. Not long later, we had another chance. It deflected off the defender and I scored my second goal of the game. Thirty seconds later we were on the counter attack yet again - the ball went into the box and Jamie score the third goal of the game. St Dennis then had the ball and gave the ball to their striker who scored to make it 3-1 to Roche and that was the last chance of the first half.

As soon as Roche kicked off in the second half, the ball went to Jack M and he made it 4-1 to Roche! Not long after, Harry took an amazing shot and it went from the corner to make it 5-1 to Roche. Then Harry scored yet another goal from outside the box to make it 6. As St Dennis kicked off again, Tyler got the ball, dribbled it down the wing and scored. Harry then scored another goal making it a hat trick for him. After this, I played the ball to Thomas and Thomas scored a goal from the bottom right corner making it our 8th goal!

The final score was 8-1 to Roche.

The man of the match goes to Harry for scoring a hat trick and putting constant pressure on St Dennis defence.

Club Information

A reminder that there is no Funky Fingers or Cross Country Club on 9th March. An email has also been sent to you.

Additionally, there is no Jigsaw Club next Wednesday. Please make a note of this.



Time2Move

Time2Move will once again be at Roche Primary School over the Easter holidays (specifically 3rd – 6th April).

Bookings are not yet open but keep an eye on this newsletter for details nearer the time. For more information on the programme and activities they potentially will offer over the Easter break, head to <https://www.activecornwall.org/t2mholidayprogramme/>

If your child is eligible for free school meals, they could have a free space.

The free school meal information box can be completed on the Active Cornwall website which links through to the cornwall.gov webpage.

<https://www.cornwall.gov.uk/time2move>



ADPR/Catch Me Cards

School Cloud bookings will be open from NOW to 5pm on 10th March to talk to your child's teacher on the telephone about their Catch Me cards. If this applies to your child, you will have been sent an email with times and links via Parent Pay this morning.

Please take the time to book this appointment and discuss your child's individual targets.

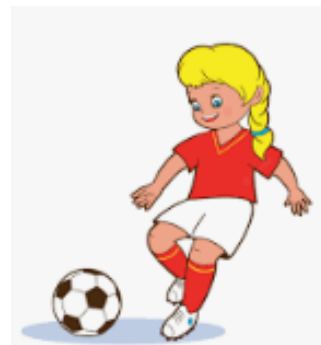
Thank you.

Girls Football Training

Next Friday afternoon, the girls football team will have a coaching session in school with some outside coaches alongside Mrs Harrison and Mrs Baverstock. They will finish by the end of the school day.

Please make sure your child is wearing appropriate PE kit this day.

There are no consent forms to complete.



World Book Day 2023





World Book Day Winners

Thank you to everyone who bought in potatoes decorated as a book character – we are truly impressed with the standard of decoration!

Two winners from each class were chosen. They took home a £5 Amazon voucher.

Well done to:

Reception Class:

Lola G
Sam R

Year 1:

Bali B
Flora P

Year 2:

Mia Cu
Harrison H

Year 3:

Harley-Pace D
Mylor O

Year 4:

Ruby B
Georgia L

Year 5:

Chloe B
Taylor H

Year 6:

Jacob P
Amelia S

W
O
R
L
D

B
O
O
K

D
A
Y

Reception have been really enjoying the new doctors and nurses role play area this week! They have been learning the names of all the equipment that doctors and nurses use and taking on different roles. We also had a very special visit this week from a Nurse called Beth. She showed us lots of the equipment she uses and talked to us about her job role. Thank you Beth we loved our visit.





Youth Cricket 2023

We have a very exciting announcement to make!

Roche CC will be running All Stars and Dynamos Cricket again this year!

All Stars: All Stars Cricket is an entry level programme for children aged 5-8 years old. It is 8 fun-filled cricket sessions in which we will play lots of fun games, building on a range of fundamental skills and most of all, playing lots of cricket with friends. By signing up to All Stars your child will receive goodies, inclusive of a shirt!

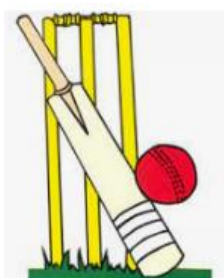
Dynamos: Dynamos Cricket is a programme for 8-11 year olds. 8 fun-filled sessions which will consists of lots of different activities focusing on a variety of skills, with game play at the end of our sessions. All of these sessions will take place at Roche CC from Friday 5th May 5:45-6:45.

If you would like more information, then please contact Roche Cricket Club on Facebook.

Please use the link below to sign your child up for this fun packed cricketing opportunity!

All Stars <https://ecb.clubspark.uk/AllStars/Course/510c446a-722d-4a5e-b393-4b1fd845c7be>

Dynamos <https://ecb.clubspark.uk/Dynamos/Course/f7af9c3a-fdc7-4250-acae-a719e4a2b53a>



Family Worker Drop In



Roche C.P School

Fore Street PL26 8EP

**These sessions will be run by the Restormel Early
Help Team**

Do you need some support and advice to understand your child's
needs and behaviours?

Advice on positive parenting and how to keep your child safe?

Support with budgeting and debt advice?

To understand the importance of routines for your family?

We are running drop-in sessions with no
appointment necessary. The sessions will take
place on the following dates and times:

15th March 2.30-4pm

24th May 2.30- 4pm

12th July 2.30-4pm

11th October 2.30-4pm

22nd November 2.30-4pm

**We will be based in the School House on these
dates so please feel free to come straight there.**