

## Roche C. P. School Menu – Autumn Term 2023

Week One – Weeks Beginning 04/09 25/09 16/10 13/11 04/12	Week Two – Weeks Beginning 11/09 02/10 30/10 20/11 11/12	Week Three – Weeks Beginning 18/09 09/10 06/11 27/11 18/12
<b>MONDAY</b> <b>Main</b> – Margarita Pizza and Wedges <b>Veg</b> - Macaroni Cheese Peas and Carrots <b>Dessert</b> - Apple Crumble and Custard <b>Packed Lunch</b> – Ham Wrap	<b>MONDAY</b> <b>Main</b> – Loaded Hidden Veg Pasta Bake <b>Veg</b> – Macaroni Cheese Peas and Carrots <b>Dessert</b> – Flapjack <b>Packed Lunch</b> – Cheese Sandwich	<b>MONDAY</b> <b>Main</b> – Quorn Burger and Wedges <b>Veg</b> - Macaroni Cheese Peas and Carrots <b>Dessert</b> – Oaty Fruit Crunch <b>Packed Lunch</b> – Ham Wrap
<b>TUESDAY</b> <b>Main</b> – Beef Cobbler and Mash <b>Veg</b> – Shepherdess Pie Sweetcorn and Broccoli <b>Dessert</b> – Lemon Drizzle Cake <b>Packed Lunch</b> – Cheese Wrap	<b>TUESDAY</b> <b>Main</b> – Sausage and Mash <b>Veg</b> – Quorn Sausage and Mash Broccoli and Sweetcorn <b>Dessert</b> – Chocolate Cake and Custard <b>Packed Lunch</b> – Ham Sandwich	<b>TUESDAY</b> <b>Main</b> – Pasty Pie <b>Veg</b> - Vegetable Curry and Rice Cauliflower and Sweetcorn <b>Dessert</b> – Marble Cake and Custard <b>Packed Lunch</b> – Cheese Wrap
<b>WEDNESDAY</b> <b>Main</b> – Roast Gammon <b>Veg</b> – Cheesy Spinach and Potato Bake Cabbage and Carrots <b>Dessert</b> - Fruit and Ice Cream <b>Packed Lunch</b> – Ham Sandwich	<b>WEDNESDAY</b> <b>Main</b> – Roast Pork <b>Veg</b> – Quorn Roast Green Beans and Carrots <b>Dessert</b> – Fruit and Ice Cream Sundae <b>Packed Lunch</b> – Cheese Wrap	<b>WEDNESDAY</b> <b>Main</b> – Roast Turkey <b>Veg</b> – Vegetable Crumble Cabbage and Carrots <b>Dessert</b> – Jelly and Ice Cream <b>Packed Lunch</b> – Ham Sandwich
<b>THURSDAY</b> <b>Main</b> – Beef Burger and Wedges <b>Veg</b> – Quorn Tortilla Layer and Wedges Coleslaw and Sweetcorn <b>Dessert</b> – Vanilla Sponge <b>Packed Lunch</b> – Cheese Sandwich	<b>THURSDAY</b> <b>Main</b> – Spaghetti Bolognese <b>Veg</b> – Vegetable Fajitas and Rice Cauliflower and Sweetcorn <b>Dessert</b> – Rice Pudding <b>Packed Lunch</b> – Ham Wrap	<b>THURSDAY</b> <b>Main</b> – Chicken and Sweetcorn Pie and Mash <b>Veg</b> – Cheese and Onion Pie and Mash Green Beans and Sweetcorn <b>Dessert</b> – Banana and Custard <b>Packed Lunch</b> – Cheese Wrap
<b>FRIDAY</b> <b>Main</b> - Fish and Chips <b>Veg</b> – Cheese and Onion Quiche and Chips Peas and Baked Beans <b>Dessert</b> – Chocolate Orange Pinwheel with Fruit Slices <b>Packed Lunch</b> – Ham Wrap	<b>FRIDAY</b> <b>Main</b> – Fish Fingers and Chips <b>Veg</b> – Cheese Whirl and Chips Peas and Baked Beans <b>Dessert</b> – Custard Biscuits with Fruit Slices <b>Packed Lunch</b> – Cheese Sandwich	<b>FRIDAY</b> <b>Main</b> – Sausage and Chips <b>Veg</b> – Cheese and Bean Slice and Chips Peas and Baked Beans <b>Dessert</b> – Chocolate Brownie with Fruit Slices <b>Packed Lunch</b> – Ham Wrap

**Fruit Salad Available Daily**

**Mixed Salad Available Daily**

**Jacket Potatoes Available Daily**