

Newsletter

13th May 2022

Headteacher Awards awarded on 6th May 2022

- Reception:** Lexi for her enthusiasm and fascination towards our learning about Africa this week! Khloe for using and understanding the vocabulary we have encountered in Shared Reading.
Lara for her great maths work this week, you are able to share equally between two groups and explain the reason why.
- Year 1:** The award this week is for the whole class for their superb behaviour at Newquay Lifeboat Station. Evie-Mai for following school rules, participating in all lessons and being a kind friend.
- Year 2:** Headteacher's awards go to Lola and Senara for improved confidence in comprehension. Daniel and Archie P for super writing and Ollie for amazing independent work in class! Well done to you all!
- Year 3:** Headteacher's awards last week went to Liam and Paige. Liam has been working incredibly hard in his maths lessons. He has been achieving good scores in both his Arithmetic and Reasoning tests. He has now changed groups and is now working with Mr Moore. Well done Liam, keep up the good work, very proud of you! Paige received the award due to her completing some homework on the Romans independently (even before I set the homework!). Fantastic independent learning behaviour. Brilliant Paige, well done!
- Year 4:** Jack - For fantastic fraction problem solving this week. He was identifying what operation to do as well as making sure he answered the actual question. There were some tricky ones including 2 step problems. Well done Jack! It is great to see you so confident in Maths.
William - He has worked so hard in our English lessons this week. We have written a narrative about a short video linked to our topic. He has worked hard on his target as well as really improving his handwriting. Keep up the fantastic efforts William!
- Year 5:** After a few false starts, Year 5 finally got to plant their garden for all the lovely, local pollinators with the Eden Project! They were patient, hard-working, polite and eager gardeners, so it has to be a whole class award! I'm sure you will agree that we can't wait to see what it looks like once it is in full bloom.
- Year 6:** Headteacher's awards last week went to Riley R for always trying his best and asking some super questions in reading sessions. Jack Ball for always being a superstar; he has tried really hard and always manages to put a smile on everyone's face.

Golden Tickets

Reception: Flora for fantastic phonics.
Year 1: Darcie for super writing.
Year 2: Roxette for super work in phonics.
Year 3: Paige for amazing listening.
Year 4: Max A for super 11x table work.
Year 5: Amelia for impressive reading.
Year 6: Jacob W for good inference answer in shared reading.



Change of email addresses

Truro and Penwith Academy Trust have aligned email addresses within the academy so therefore if you need to contact the school, you will need these email addresses:

Mr Walden: head@roche.tpacademytrust.org
Mrs George: roche@tpacademytrust.org
Mrs Batten: reception@roche.tpacademytrust.org
Mrs Carlin: hcarlin@roche.tpacademytrust.org

You may receive emails from previous addresses as the changes take place, but please start using the above email addresses now. Any emails to the old addresses will be forwarded for a few weeks, but will stop.

During testing of the new emails, unfortunately they have gone into 'Junk' folders. Please add the emails into your contacts under 'trusted senders' so emails reach you.

Thank you for your patience during the transition.



A BIG thank you to Mrs Malpass for sourcing a piano and arranging delivery of it to the school!

Thank you so much, the children will adore playing it!

Bottle Tops/Lids

Year 4 are partaking in an art project which requires lots of lids/bottle tops!

Could you please collect lots of milk bottle lids/squash lids and any other lids which you have for Year 4 please?

Many thanks.



Data Collection

Is your child's information up to date? Do we have your correct address, phone numbers and any other relevant information? If you have updated any information we need on record – please email the details to Mrs Batten at reception@roche.tpacademytrust.org

Thank you for your co-operation.



Jack, Jamie and Fred from Year 4 wanted to share their weekend adventures with us. The boys travelled to Plymouth Argyle on Saturday with Charlestown football club to play in the Argyle Community Cup. The boys were super excited to play on the main pitch. They played 5 games in total with 2 wins, 2 draws and lost 1 just missing out on going through to the next round. They placed third in their group. Jamie scored a blinding goal and Jack narrowly missed out on scoring. All three boys had a fantastic day and absolutely loved the experience. Here are a couple of pictures of the team before kick off!

Thanks Miss K Ould for the report! Looks like a fantastic day!

Uniform

From September, we will still be wearing our 'active kit' uniform.

It has proven to work well.

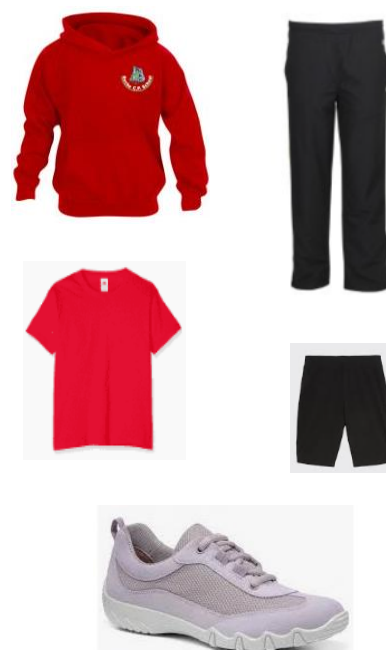
A reminder the uniform is:

- Red plain hoody or a red school-logo hoody/sweatshirt/cardigan only. (No slogans or brands emblazed across the front please).
- A red t-shirt.
- Black jogging bottoms/shorts/leggings/skorts
- Trainers suitable for sport (**NOT** fashion trainers)

School logo uniform is available from our online suppliers Price and Buckland:

<https://www.pbuniform-online.co.uk/schools/roche-primary-school.html>

Order now for free delivery to school. During the Summer holidays there is a postage charge.



Outside Chair

Does anyone have a fancy, appealing chair/throne that can be donated to Roche School? It is going to live outside and be used for story telling by adults and children. If anyone loves to carry out woodwork and you fancy a project, please do speak with the office staff!



Parent Pay Trips

When completing forms on Parent Pay for trips etc, please ensure they are completed by the due date (always found on the covering letter). This is usually 3 days before the trip takes place.

This is so our paperwork can be completed beforehand and so that any packed lunches ordered can be catered for within the ordering of ingredients.

Currently on Parent Pay there are trips for Reception Class, Year 4 and Year 6. The trips for Porthpean and London are also there.

Please check your 'pay for other items' tab on your child's Parent Pay to see if you have an outstanding trip to consent for.

Many thanks for your co-operation.

E-Safety – Screen Time

What is screen time?

Screen time is the amount of time that someone spends using a device or computer, watching television or playing on a games console. Although managing this is important, focusing on the type of activities that children are doing online is essential. A recent report suggested using the Goldilocks method – 'not too little, not too much but just the right amount'.

Screen time facts and statistics



One in three Internet users online **worldwide** is under 18 according to [UNICEF report](#)



41% of parents of 12-15s find it hard to control their child's screen time according to the latest [Ofcom Children and Parents: Media use and attitudes report 2017](#)



According to [Oxford University research of 20,000 parents](#) of children aged between 2 and 5 screen time limits may have nothing to do with a young child's ability to thrive.

Cont...

Taking a step back and looking at research as a whole, the impact of screen time's on children's wellbeing is still being debated, however, now more and more experts suggest that we should focus more on what children are doing online and less on how long they are online.

What are the effects of screen time on children?

Benefits of screen time

Online games and activities can **enhance teamwork and creativity**

The internet gives children access to a wealth of information to **help build their knowledge**

Interacting with computers improves both visual intelligence and hand-eye coordination

Technology **takes away physical barriers to social connections** – which is important for children who find it hard to make friends or have special interests or special needs.

Children in households with computers **perform better academically** than peers who do not have ready access to computers.

Outcomes for children are better if they benefit from connected technology.

Potential risks of too much screen time



Effect of screen time on sleep

Sleep cycles are affected by blue light from screens tricking our brain into thinking it is still daylight, making it difficult to sleep.



Effect on behaviour

We're creatures of habit so it doesn't take long to get used to glancing at your smartphone 150 times a day.



Effects of screen time on brain development

Screen-based entertainment increases central nervous system arousal, which can amplify anxiety.

Millennials are more forgetful than OAP's; they've outsourced their memory to Google, GPS, calendar alerts etc. Columbia University found that when people know that they'll be able to find information online easily, they're less likely to form a memory of it.

For more information regarding screen time, please head for

<https://www.internetmatters.org/issues/screen-time/learn-about-it/> which includes short videos.

What's Cooking?

We have some lovely new foods on our Summer menu this year. Week 3 on a Thursday is:

Main: Summer Ham Pasta Salad and garlic bread

Veg: Vegetable cous cous and garlic bread

Both served with roasted vegetables and sweetcorn.

We think it looks delicious!



Walk for Wellbeing Week 16th – 20th May 2022

Next week we are taking part in a Walk to School for Wellbeing week. We are encouraging all children to walk to school every day (they can scoot or ride a bike too!)

A member of staff will be in the playground to reward children with stickers for walking to school. If you live outside of the village, you can park in the football club car park, and walk from there.

There will be a prize for KS1 and KS2 for the children with the most stickers.

