



Newsletter

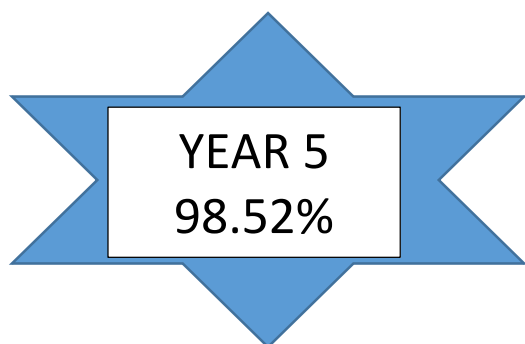
24th March 2023



Headteacher's Awards Awarded 17th March 2023

- Reception:** The Head Teacher Awards in Reception Class are going to:
Piper for knowing different ways of making ten and being able to write fantastic number sentences to show this.
Tommy for always doing the right thing- your behaviour is brilliant and you try your best in all you do. Well done Tommy!
Lola G for coming back to school with a fantastic attitude and being super brave!
- Year 1:** This week we gave a whole class award for fantastic participation on science day! Everyone was being wonderful investigators and had lots of fun!
- Year 2:** This week, two Headteacher's awards were given out. The first one was for Sam for being very helpful when logging out of TTRS and helping others. The second award was for Bailey for excellent work programming the Beebots in computing. Well done to you both.
- Year 3:** Headteacher's awards last week went to Tommy and Edward. Both boys were super engaged and focused during a History lesson last week. We were learning about Chichen Itza as part of our topic on the Maya civilisation. Both boys did some superb note taking which then enabled them to write lots of facts about Chichen Itza. The work that they produced was very neat and presented beautifully. They both showed superb self-regulating learning behaviours. Well done boys! Keep up the good work!
- Year 4:** This week Katrina received a Headteacher's Award for her fantastic efforts and commitment to all her lessons. Her attitude to her work in school and at home is great! She is also so kind to the adults in her class. Often she is making us cards and doing extra homework. Well done Katrina!
Bonnie has made fantastic progress this year! Although a quiet member of our class her listening skills and efforts are super! A great example of her progress is that on Friday Bonnie scored **22/25** on our Sound check Multiplication Table Check on TTRS! This is where you can get any questions up to 12 x 12 and you only get 6 seconds to answer each question. Well done Bonnie!
- Year 5:** This week, six Headteacher's awards were given out! Thank you and well done to Daisy, Emily, Senna, Steven, Sophia and Chloe for volunteering your break time to prepare an informative and entertaining 'bit' for the science assembly.
- Year 6:** This week, we awarded four Headteacher awards:
William for a super DT project. He designed and made a working lighthouse and won first prize in the competition!
Ethan H for a brilliant improved reading score and for winning the DT lighthouse competition.
Tristan for offering super contributions to our PSHE lessons and for fantastic teamwork in PE.
Jacob for excellent maths work on area, for super contributions on our PSHE lessons and being eco-friendly and turning lights off when we don't need them!

Attendance
20th March – 24th March 2023



Clubs – ADVANCED NOTICE

There are no clubs (Football, Lego and Jigsaw Club) after school on 29th March due to staff training. This Please collect your child at 3.15pm this day.

Many thanks

Football Report
By Jenson

On Tuesday we played our last game of the season to attempt to win the league against Luxulyan School! As soon as we kicked off, we could not get our feet into the game because the pitch was really bumpy and small so it was hard to get the ball up the pitch. Immediately, Jack M played the ball over the defender, volleyed it and it hit the cross bar. Then, Luxulyan had their first shot and it went to their right winger and he scored to make it 1-0 to Luxulyan. Just after that, Harry got the ball, played it to Thomas and Thomas had a shot but the keeper saved it. Then, Luxulyan had a shot but Jack S saved it with an amazing save to keep Roche in the game. That was the end of the first half.

As soon as Luxulyan kicked off in the second half, they had a shot, but Jack S saved it and kicked it to Harry but Harry couldn't keep it due to the bumpy pitch! Luxulyan continued to have lots of shots but Jack S was saving everything! In the last 5 minutes, Jamie played the corner to me and I volleyed it to score our first goal. A minute later, Luxulyan got the ball but their shot just played wide! Ethan got the ball from Jack S and tried to play the ball up to Harry but the defender hit the ball into his own net to make it 2-1 to Roche and everyone started celebrating!! Luxulyan had their final shot of the game but Jack S blocked it and kicked it high up the pitch and the referee blew his whistle to make Roche the winners of the league!

Editor's note:

The man of the match was Jenson. Thank you Riley for nominating Jenson as man of the match.

Jenson was also presented with a certificate for his wonderful football reports which are on the newsletter after each match. His last report will be next week after the Snell Cup.

Well done to the whole football team for their marvellous achievement! We are so proud of you all!

Cross Country

Roche School's Cross-Country Squad took part in the Primary Inter Area Cross-Country Selection race on Friday at Poltair School. There were lots of other schools there which was very different to our races at Brannel School each month.

The children tried so hard even when it was raining and very muddy! There was a lot of nerves, but they all completed their races and they really committed to trying their best! We were very proud of you!

I am delighted to say that 6 of the squad have qualified for the County Schools Primary Cross-Country Finals!! This is because they came in under the top 30.

These children will represent the school on Thursday 30th March:

Marshall
Harrison
Callum
Taylor
Poppy
Emily

Congratulations and we wish you the best of luck!

Netball Report

By Emilia

On Tuesday, Roche Netball team played against Luxulyan at an away match. I think everyone was nervous. Soon, the first quarter started and we all tried our hardest. After a couple of minutes in, Luxulyan had a shot but missed. Isla got the rebound, took a shot and scored the first goal of the match making it 0-1 to us. A minute before the end, Luxulyan had a chance to score and they took it. It was then a 1-1 tie and that ended the first quarter.

After switching positions, the second quarter started and it was a Roche centre start. Quickly, Luxulyan scored making the Roche team a little disappointed but we were determined to keep going. At the end of third quarter the score was 4-2 to Luxulyan.

The match ended at full time with the score being 10-6 to Luxulyan. Even though we lost, we were still in high spirits and agreed that Luxulyan deserved to win as they were an extremely friendly team.

The star player of this match was definitely Olivia.

Editor's Note:

Well done to the netball team for their matches this season. Unfortunately, quite a few schools don't have netball teams for us to play against but each match they have played, they have played with determination and gusto. Thank you to all of the children who have played netball this season and for the reports which, without fail, have been written and placed ready for Mrs Batten to type up. Well done to you all!

Swimming Report

Yesterday afternoon, 9 children from Year 5 and Year 6 at Roche School enjoyed a swimming gala at Atlantic Reach. They attended alongside 25 other children from schools, Whitemoor, Foxhole and St Dennis.

The children took part in float racing, rescue and save, tag races along other fun games.

Olivia J, Isla, Roanna and Ellie M won the rescue and save event.

We also had amazing efforts from George, Jacob, William, Steven and Harry H all through the session and the children all said it was lots of fun!

Thank you to Miss Cording of Brannel School for organising the event and inviting us along.

Porthpean Camp – Year 3 and Year 4

Porthpean Camp for Year 3 and Year 4 is fast approaching us. Please can all deposits be made by the time we break up for half term (next week).

Porthpean Camp is on Parent Pay under 'pay for other items'.

We will send out kit lists and the menu to you via Parent Pay.

If you have any queries regarding payments, please speak to Mr Walden 01726 890323 or email him on head@roche.tpacademytrust.org

If your child has any **new** allergies or dietary requirements, please let Mrs Batten know in the office so our paperwork is up to date.

Many thanks.



KS2 (Y3,4,5+6) Egg bashing Tournament

Win an Easter treat!



Wednesday 29th March
To keep it fair, bring in a **HARD**
boiled hen's egg on the day.
There should be no embellishments
or decoration.



Parent Pay Consent

<u>Group</u>	<u>Destination</u>	<u>Date of Trip</u>	<u>Consent needed by</u>
Year 5	Shrek @ Brannel	27 th March	24 th March
Year 1	Heligan Gardens	29 th March	28 th March
Reception Class	Newquay Zoo	23 rd May	22 nd May
Year 6	London 2023	20 th June	Now to reserve place
Year 3	Porthpean Camp	5 th July	Now to reserve place
Year 4	Porthpean Camp	5 th July	Now to reserve place



Reception Class Visitors
Topic – People who Help us

On Monday we had a visit from a paramedic who talked to us all about her role and the equipment she uses!
On Wednesday we received a visit from two police officers!
The children had their fingerprints taken and were able to go in the back of the police van!
They showed us all of the equipment they use and we even tried on the uniform. The children asked many fantastic questions.
Thank you to our amazing visitors this week!



Wellbeing

Take Notice

At Roche School, we follow the Five Ways to Wellbeing in everything we do. One of the five ways is to Take Notice, and Spring is the perfect time to take notice of the world around you!

Take Notice is about being in the present moment, as well as taking notice of the good things, even in difficult times.

Now that the days are warmer and longer, interacting with nature is a great multi-sensory experience. Whether you're in your garden or taking a walk in nature, you can take time to notice through your different senses what is around you.

Relaxation Activity: Flower and Candle

This simple relaxation exercise encourages deep breathing to calm and soothe.

Pretend you have a nice smelling flower in one hand and a slow burning candle in the other.



- Breathe in slowly through your nose as you smell the flower.
- Breathe out slowly through your mouth as you blow out the candle.
- Repeat a few times.

R E L A X A T I O N

FIVE WAYS TO WELLBEING



Understanding online games

Online games can be a great way for children and young people to keep busy and stay in touch with friends and family, but it's important that they play safely.

Things to consider if your child games online:

- age ratings of games they play.
- messaging and contact functions on the games
- in-game purchases
- trolling, griefing* and scams
- how to report problems
- where they can get further support.

Also, if you have more than one child in your home, be aware that games suitable for one child to play or watch, may not be suitable for another.

*What does griefing people mean?

When gamers in multiplayer games deliberately act against the server rules or community guidelines and prevent the progress of other players, this is called griefing. People who behave in this way and cause (virtual) grief to other players - this is the literal origin of the word - are therefore called grievers.

What are online games?

Games can be generally split into different types:

- simple, short games like Candy Crush or Angry Birds;
- creative games, solving puzzles or building worlds such as Minecraft;
- games that need strategy and skill to play, like chess;
- adventure games that explore different worlds and conflicts such as Fortnite or Call of Duty.

Many games can be a combination of types as well as having other features, like the ability to interact and communicate with others. As well as interacting, players can share content, purchase in-game items, create their own games within the game and so much more.

Talk to your child about staying safe online, take an interest in the games they're playing and see if you can play them together and agree which ones are appropriate.

If you're going to set limits on the amount of time a child can spend playing games, make sure these are clear and that you agree them together. You could try agreeing the number of rounds your child plays instead of a length of time.

Take time to play games with your children so that you can understand the features. You can find out if there is anything concerning you need to be aware of, or safety features or parental controls which should be enabled.

Ask why they like playing the game?

Discuss who they're playing with. Do they know everyone on their contact or friends list? Explain that conversations should only be about the game, and if someone starts asking them other questions or suggests they speak using another app they should tell you or an adult they trust.

Talk to them about what they're sharing. Use examples that are easy for them to understand, such as "You shouldn't give your number or any other personal information to somebody you don't know on the street. Is somebody online you don't know any different?"

Discuss in-game purchases with your child. These can be really enticing, it's important to discuss that small amounts of money can add up very quickly. If you do allow your child to purchase items within the game discuss limits or set up their device so that purchases are turned off.

Make a family agreement

Consider creating a Family Agreement to establish some rules, which would include screen time or game-playing time. Remember that many games take a very long time to play and not all have regular 'save points'. This can be very frustrating for a child who has spent a long time trying to get to a new level only to be called down for dinner. Give them fair warning, e.g. 20 minutes then 10 minutes.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-games/>



Online safety family agreement

An online safety family agreement can be used to start a conversation about online safety, agree expectations and boundaries and help to keep your kids safe online.



What to think about and questions to ask

- What are the **different things you each go online for**? It could be research for school work, keeping in touch with friends, or gaming.
- What are the **favourite apps or sites** each person uses?
- How does each family member **access the internet** – via a phone, tablet, or something different?
- Are there things that any of you are doing online that are worrying or **affecting others**? Think about time spent online, is it interfering with family life such as meal times?
- **How do you talk** about online safety with your child – is it negative or positive?
- How many **devices in your house** are connected to the internet? Can you go on a hunt to count them and see if you each come up with the same amount!

Basics

- **Sharing** – what is being shared and with who? Think about what pictures and videos show, and what is being included in messages.
- **Content** – are the games, apps and chat sites suitable for the person using them? You should remember that what is suitable for one person in the household might not be suitable for another.
- **Chat** – what should your child do if someone they don't know messages them? Who are they talking to online and are they sure they are who they say they are?
- **Behaviour** – does anything your child does online affect behaviour? This could be getting angry if they lose a game, or feeling anxious that they've missed a post.
- **Settings** – do you have safety settings in place on broadband and wifi and on your child's devices like phones or games consoles, such as for location sharing and parental controls?

Behaviour

- There may be different agreements for different members of the household, this might be based on age, but also on ability to understand the risks and being able to deal with challenges.
- The agreement might be broken at some point, that isn't a failure, but use it as a time to talk about what has happened and why and what you can do to help keep to the agreement in future.
- You'll need to review the agreement over time. Agree how long it should be before the next review.
- Think about how you are talking about online behaviour – promote positive behaviour rather than focusing on negatives.

Remember

Once you've talked together about how your family use the internet you can use this agreement to note down what you each agree too.

Make sure your agreement works for each member of the family and you all understand that online behaviour may need to change to stick to the agreement.



Our family online agreement



Child 1:

Name

e.g. check before downloading a new app.

How will we check we are doing this?

Signature

Child 2:

Name

e.g. don't share location when posting online.

How will we check we are doing this?

Signature

Child 3:

Name

e.g. check before downloading a new app.

How will we check we are doing this?

Signature

Adults:

Names

e.g. have phone free time each day for the family.

How will we check we are doing this?

Signature

When will we review what we've agreed to?



WANTED – NEW GOVERNORS

What are we looking for?

Our school Governing Body is made up of Governors from all walks of life and many come to us through a variety of routes and with a range of different backgrounds, skills and experiences, but they are all volunteers who work together for the benefit of the School and are the link between the School and the community it serves.

We want you!

We are currently looking for new Parent Governors and would be delighted to hear from anyone who has:

- an interest in the performance of the school.
- a desire to contribute to and represent the community.
- an open and enquiring mind
- the ability to look at issues objectively
- the confidence to ask questions and join in debate.
- a willingness to listen and make informed judgements
- the ability to work well with others
- time to spare
- a child or children currently attending the School

If you match the above description, you may be the very person to become a Governor at Roche CP Primary School. Everyone has something to offer and we want people from as many backgrounds and with as wide a range of interests as possible.

What can we offer?

- A chance to develop skills in strategic management
- The opportunity to work with our team of governors and staff in improving our School
- A sense of achievement in making a difference to our School
- The pleasure of helping students reach their potential

What is the Governing Body's Role?

The Governing Body of our school plays a key role in:

- monitoring progress of the school's development plan
- monitoring the academic progress and achievement of children
- supporting and challenging the performance of the Headteacher
- deciding policy and future development plans

As well as attending meetings governors are also asked to look at specific areas of the school's work in more detail. To help support governors, everyone has access to further training to help build on existing skills or to develop new ones.

If you are interested, please speak with Mr Walden or email head@roche.tpacademytrust.org



Congratulations to Archie who won two 1st prizes at the weekend at St Day Horticultural Society! He designed and decorated a pizza with a football goal and a football on and he also designed a spring garden. Well done Archie!

If your child has achieved something outside of school, we would love to put it on the newsletter! Just email a photograph and information to Mrs Batten at reception@roche.tpacademytrust.org

Comic Relief Jokes and total

We had lots of jokes handed in for Comic Relief, so much so, we've continued them onto this week's newsletter! Unfortunately, we don't have room for all of them, but here are a few of our favourites!

What's a pilot's favourite chocolate?
Plain chocolate...!
Maisie Y4

What did the fish say when he swam into a wall?
Dam!
Roanna Y5

Why did the students study on the aeroplane?
Because they wanted higher marks!
Charlie Y2

The total Comic Relief money has been uploaded – we raised the grand total of **£183!**

School Meals

A poem by Rhys in Y5

The cooks who make delicious school meals are wizards with spoons!

On the day of making this (Wednesday) it is a delicious fresh roast dinner!

Tomorrow it is dumplings and stew which is one of my favourite school meals.

She is half chef and half wizard with her magical spoon she can make some of the best meals.

She is a very kind person and also has a breakfast club! The breakfast club is playtime in the hall but even better!

The delicious desserts change every day and today (Wednesday) it is heavenly ice cream!

Poetry Corner

This week, Year 5 have explored lots of poems. Today we read Bleezer's Ice Cream by Jack Prelutsky. We had a go at writing our own class version using alliteration!

My name is Quanadale Jones
I run Jones' ice cream van
There are flavours for your cones
All made by a single man
Many scrumptious delights
await for you to buy
so dig deep in your pockets
before the flavours fly

Blackberry Blueberry
Banana
Chocolate Chip Crunch
Canteloupe Chocolate
Cheesecake Chew
Duck Doughnut Dip
Fried Fudge Flip
Flake Fruit Float
Gravy Grape Glory
Haribo Honeymelon Twirl
Honey Hashbrown Haribo
Chew
Meat Maple Mayhem
Nut Noodle Doodle Twist
Octopus Coffee Crunch
Ravioli Rice Royale
Roast Ramen Rice Ribbon
Sushi Sherbert Stew
Sundae
Vanilla Vitamin Volcano

Tilly's Diary



Hi Everyone!

I found the perfect sun-spot on Wednesday morning. I decided to lay down in front of Mrs George's computer. I'm not sure what Mrs George was doing but I decided that sunning myself was more important! I did move, but had to be persuaded by a dog-treat! I went to find another sunny place but this one is my favourite!

Love Tilly x