



Newsletter

15th September 2023

Roche CP School Rules for Life

- Show good manners at all times
- Follow instructions with thought and care
- Care for everyone and everything

Headteacher's Awards Awarded 8th September 2023

- Reception:** The Head Teacher Award in Reception class is going to Arabella for having a fantastic first two days at school. She has been kind, polite and a great tidier in her new classroom! Well done Arabella.
- Year 1:** A whole class award this week for a brilliant busy first week in Year 1. Well done everyone!
- Year 2:** It had to be a whole class award for settling in so well on the first week of the academic year.
- Year 3:** Congratulations to all of Year 3 who received the Headteacher's Award last week. They have all settled well into Year 3 routines. They have made a great start to their learning and have been engaged in lessons. What a great start! In addition, congratulations to Bradley who joined Year 3 this term. It can be a daunting experience starting a new school but Bradley has settled in well. Thank you to the rest of Year 3 for being so kind and considerate and welcoming Bradley to Roche.
- Year 4:** Year 4 achieved a Whole Class Award last week! They transitioned to their new class really well. They showed respect, great listening skills and kindness to their new team of adults. They also showed great enthusiasm towards their learning. Thank you, Year 4! We are looking forward to this year teaching you all.
- Year 5:** A Year 5 whole class award for settling in and having a great first week back had to be awarded this week! Well done to you all!
- Year 6:** This week the Headteacher awards went to Freddie for all he has read over the holidays and for doing really well in his spellings and Holly for really making progress in her understanding of knowledge and place value this week.
Year 6 had whole class award for a brilliant first week back and settling in.

Attendance
11th – 15th September 2023



Year 5/6 Maths Homework

After a successful trial in Year 6 last year, maths homework will be set using maths.co.uk this year for pupils in Year 5 and Year 6. Pupils will have a letter with their login credentials sent home this evening. One piece of feedback given by parents last year was that some pupils preferred to complete their workings using pencil and paper. In light of this, we will be providing pupils in Year 5 and Year 6 with a 'Maths Homework MyPad' that they can use to complete work in, should they prefer. Homework will be made live on a Friday and will be 'closed' the following Friday morning.

Nasal Flu Spray

The nasal flu portal is now open for you to consent to your child receiving the nasal flu vaccination. This is open for pupils in all classes.

To give or deny consent for your child, please head to: <https://www.kernowimmunisations.co.uk/Forms/Flu> and use Roche School's unique access code of **EE142952**

The nasal flu vaccination will be held in school on Friday 6th October 2023.

Information regarding the nasal flu vaccine can be found here: <https://www.nhs.uk/conditions/vaccinations/child-flu-vaccine/>

Forms must be completed no later than Wednesday 4th October. If you have any issues with the forms or need extra help, please contact Kernow Immunisations on 01872 221105.

Hello Yellow



On Friday 13th October, we are taking part in a fundraiser for Young Minds. Young Minds is a mental health charity which supports young people. All children are invited to wear something yellow on Friday 13th October in return for a £2 donation per sibling group.

Your child can wear a yellow t-shirt, yellow laces or even a yellow scrunchie in their hair.

To donate, please head for <https://www.justgiving.com/page/roche-school-1694603985582> and donate on or before 13th October.

For more information regarding Young Minds click <https://www.youngminds.org.uk/>

Online Safety



PEGI 3

The content of games with a PEGI 3 rating is considered suitable for all age groups. The game should not contain any sounds or pictures that are likely to frighten young children. A very mild form of violence (in a comical context or a childlike setting) is acceptable. No bad language should be heard.

PEGI 7

Game content with scenes or sounds that can possibly be frightening to younger children should fall in this category. Very mild forms of violence (implied, non-detailed, or non-realistic violence) are acceptable for a game with a PEGI 7 rating.

PEGI 12

Video games that show violence of a slightly more graphic nature towards fantasy characters or non-realistic violence towards human-like characters would fall in this age category. Inappropriate intimate innuendo or intimate posturing can be present, while any bad language in this category must be mild.

Primary aged children should not have access to any PEGI above their ages. Please ensure the PEGI age limit is adhered to before buying and downloading games.

For more information about PEGI ratings, head for <https://pegi.info/what-do-the-labels-mean>



Found Hedgehog!

Thank you to the pupils who found a hedgehog in the school field on Tuesday. You did exactly the right thing by finding an adult and telling them.

The hedgehog who was named 'Sonic' by some pupils looked quite poorly so was taken to the local vets for care.

Thank you to Rock View Vets for taking him in and looking after him.

At Roche School, we follow and promote the Five Ways to Wellbeing.



Talking and listening to one another and being good friends. Feeling connected and part of our school community promotes good mental health.



Physical exercise has a positive impact on our mental health. This is why all children at Roche take part in P.E. every day!



We're always learning at school, but we also embrace new experiences and opportunities. You might find something you love!



Taking notice of the world around you and the simple things that can bring you joy helps us feel grateful. Taking notice of your own body and feelings means we can ask for support if you need it.



Giving your time, words and presence is really important. Every class at Roche School organises a "give" activity each year to raise money or give back to our local community.

Look out for the wellbeing section on the newsletter each week!

Tilly's Diary



Yes, it's me again!

I was caught in a very embarrassing situation on Wednesday! I got stuck in a Sports Direct bag! Whoops!

I did sit in it for a while but I was too embarrassed to stay there when the camera was pointed at me!

I had a haircut at the weekend. I'm now really cool for the warm weather!

I hope you are all having fun in your new classrooms! I could hear lots of joy coming from Year 6 this week. They were doing something with dried spaghetti and they definitely were not eating it!!

See you soon everyone!

Love Tilly x



St Gomonda's Church, Roche



Saturday 23rd September 2023
Harvest Fete and
Teddy Bear Parachute Jump!

2pm-4pm

Bring your teddy bears with
their parachutes ready to be
launched from the church
tower!

All Welcome!





Girlguiding
Roche

Rainbows
For ages 4 to 7

Rainbows welcomes all girls to come together to laugh, learn and have fun in a creative, safe space. It's a wonderful world of adventure, week after week, just for her.



Brownies
For ages 7 to 10

Brownies is full of firsts: she can explore her creative side, get out into the great outdoors, learn how to look after herself, others and the world we live in.



Guides
For ages 10 to 14

Guides is a fun-filled space, she'll have one big adventure with friends, learn how to be herself, explore the things she loves and do stuff she's never done before!



Rangers
For ages 14 to 18

Rangers is an open and relaxed space, where you can regularly meet up, go on trips at home and abroad, to help make a difference to the things you care about.



Find a group near you girlguiding.org.uk

Registered charity number: 306016



Roche Rainbows have spaces for starting this term. Rainbows welcomes all girls from 4 to 7 years old, at Primary School, for play, learning and tons of fun in a colourful, safe space.

She'll laugh, sing and make a happy mess (and help clear it up!) as she chooses her way through our programme of activities. She'll have plenty of magic moments: she might become a time traveller, an animal tracker, a pop singer, a stargazer. It's a wonderful world of adventure, week after week, just for her.

To register your daughters interest here:

www.girlguiding.org.uk/joinus

and a leader will be in touch.