



Newsletter

14th July 2023



Headteacher's Awards Awarded 7th July 2023

- Reception:** Ethan for his enthusiasm and interest towards our topic 'The Seaside'. Arthur for his amazing design skills and creative thinking when using the construction equipment outside.
- Year 1:** This week, the Headteacher's awards were for Vinnie and Flynn. Vinnie tried all of the fruit and vegetables in our DT lesson! Flynn did some brilliant reading with our 60 second read and has tried really hard in class too! Well done!
- Year 2:** Well done to Sam for improving his capital letters and his full stops in his writing. Excellent work from Bonnie by trying really hard with her writing and also trying to keep her work neat. A big well done to Sam and Bonnie!
- Year 3:** OUT AT CAMP
- Year 4:** OUT AT CAMP
- Year 5:** Congratulations to Lola and Skyla! Year 5 had a computing Super Learning Day this week, all about coding. Skyla and Lola worked brilliantly together: listening carefully, following instructions and troubleshooting independently. Well done!
- Year 6:** This week we awarded Tyson for his excellent tech skills and doing a great job so far with the lighting for the Year 6 performance. We also awarded Tristan for really 'going for it' with the Year 6 performance practice and proving to be a great actor!

Attendance 10th July – 14th July 2023



Change of school day timings



Dear Parents and Carers

We are starting a new reading initiative in September that will involve all children in school in either Read Write Inc learning or a new comprehension strategy activity. To enable this to take place we are starting school 5 minutes earlier than we do now. To keep the school day the same length, we will finish 5 minutes earlier.

From September 5th 2023

The gates will open at 8.30am

Children will be collected from the playground by teachers at 8.35am and the gates will close at 8.35am.

Register closes at 8.45am.

Read Write Inc or the comprehension lesson begins at 8.45am.

Children arriving after 8.45am will miss the start of their lesson and will therefore be recorded as late.

End of day is at 3.10pm for all children.

Reception class children should be collected from outside their classroom.

Year's 1- 5 should be collected from the playground.

Year 6 should be collected from outside their classroom.

Outside of School Activities

Rosie and Poppy had a great season playing for Bodmin Girl's Team.

At their end of season awards at Football Golf, St Austell, Poppy received a cup for 'Parent's Player' and Rosie received a medal for her contribution to the matches.

Well done to you both – you are surely football stars of the future!



Outside of School Activities



Well done to Marshall and Morley who played at Truro Senior School in the Saints South West Cornwall Grassroot Tournament.

They both play with St Stephen under 9's team. On Sunday 9th July, they played in a league of 16 teams and won the tournament by Marshall scoring the final penalty shot!

Marshall and Morley said it was a brilliant day and their whole team played really well.

Well done to you!

Outside of School Activities

Well done to Charlotte, Roanna and Finley who took part in their first ever carnival as 'bandmen'!

The children from Roche School marched through St Dennis for the Saturday night carnival with Indian Queens senior band. Charlotte and Roanna played cornets and Finley played his euphonium! They played 3 pieces of music whilst marching 'Slaidburn', 'The Chiefton' and 'True and Trusty'.

The children practice with Indian Queens but are thrilled to announce they will soon be playing once again at Roche with a new musical director. The new Youth Band will start in September. It's absolutely free and comes with free hire of an instrument.

This weekend, Charlotte, Roanna and Finley will be playing with the Cornwall Youth Brass Band with the Prince of Wales Army Band at Truro High School for Girls. There is a free concert at the school in Truro on Sunday at 6pm where everyone is welcome to attend.



If your child is interested in playing a brass instrument, please email Roche Brass manager Richard Hawkey on info@rochebrass.co.uk and register your interest.



A massive well done to Year 6 who came runners up in the Kingfisher Award 2023. The judges were particularly impressed with the finger printed honey comb and the handmade pom-poms! The children also dazzled them with their knowledge of biodiversity and organic farming. They have been awarded with a £50 voucher for the class!



Sturdy Bag

Can all children bring a named sturdy bag into school next week so they can bring home all of their books and creations from school.

Please note that books are heavy and usually a simple carrier bag isn't quite strong enough to hold all of the contents!



Thank you so much to Jay's aim for coming into school to teach some valuable, life-saving skills.

Year 5 and 6 **learnt** CPR and how easy defibrillators are to use, so that they could successfully apply the DRS ABCD protocol should they ever come across a person who needs help.

- D** check for **DANGER**
- R** check for **RESPONSE**
- S** **SEND** for help (Call 000)
- A** check **AIRWAY**
- B** check for **BREATHING**
- C** start **CPR**
- D** apply a **DEFIBRILLATOR** (if available)



Year 6 Fundraising

Every year, the Year 6's take part in a fundraising event before they leave. This year, we have decided to support a small, local charity called Jay's Aim who provide CPR training to young people. The training they gave our Year 5/6 classes a couple of weeks ago was completely free and taught our children a really useful skill. (See above poster).

Next week, the Year 6s will take part in a sponsored mile walk/ around the school.

The link to donate straight to Jay's Aim is below. We will be extremely grateful if you could donate what you can to ensure that this wonderful charity continues its good work. Thank you for your support!

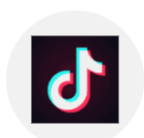
<https://www.jaysaim.co.uk/make-a-donation>



Know your minimum ages – Online Safety

Do you know that a lots of Apps are only appropriate for children who are over 13?

Below are the apps which your child should not have before they are 13.



TikTok



Instagram



Facebook



Snapchat



Twitter



YouTube



Houseparty



Kik



Bebo



YouNow



Habbo



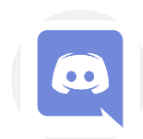
Reddit



Yubo



Whisper



Discord

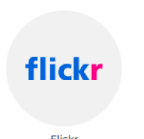
Below are the apps which are suitable for 16+.



WhatsApp



LinkedIn



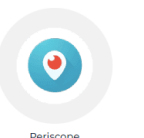
Flickr



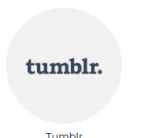
Vimeo



MySpace



Periscope



Tumblr

Mindfulness

Being mindful is about Taking Notice of how you are feeling and how things are affecting you.

If you feel a bit overwhelmed, it can be useful to split the thoughts in our heads into two categories;

Things you can control; These are the things that make us unique.

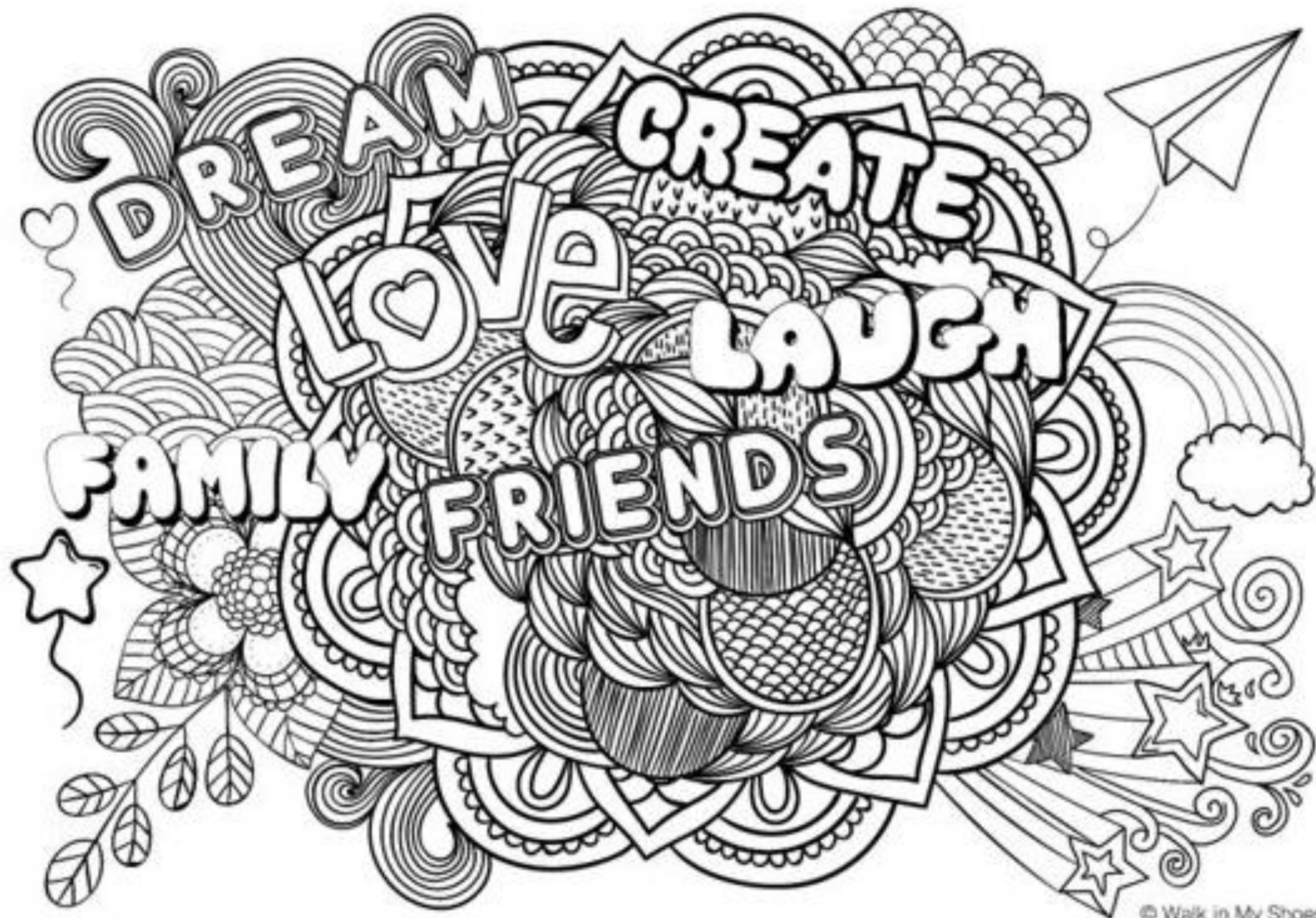
Things you can't control; Try and let these go, as no matter how much you worry, you can't change them.



Or try some mindful colouring...

Mindful colouring asks us to focus on how we choose and apply colour in a design to bring our awareness to the present moment.

Mindfulness can improve our overall sense of well-being. We feel more relaxed by paying attention to the present moment. We are also practicing training our minds to focus which can help in our study and work.





The Mental Health Support Teams in School Service are offering the opportunity for students in Years 5 and 6. To attend summer workshops where they can learn skills and techniques to help manage their anxiety. Spaces are limited. If you would like your child to attend. Please email: cft.restormelmhst@nhs.net and put summer session in the subject box.

Contact: Tina Rogers Educational Mental Health Practitioner

Clays Scout Group/Roche CP School Fundraiser

On 5th August, the Clays Scout Group are holding a fundraiser at Roche CP School to raise money for the Scout Group **and** the school.

We are looking for volunteers for the afternoon to help run stalls. If you can help, please speak to Mrs Batten in the office – we can add you to our WhatsApp group!

We are also in need of raffle prizes and tombola prizes if you have anything you can donate.

Mrs Harrison is in need of full and empty wine bottles for a stall if anyone could help with this task and Mrs Whitford needs some empty and clean tin cans.



THE CLAYS SCOUT GROUP

FUN DAY!

AT ROCHE CP SCHOOL



RAFFLE

**HOOK A
DUCK**

**WELLY
WANGING**

**TIN CAN
ALLEY**

**NERF
GUNS**

**SCOUT
SKILLS**

**AND
MUCH
MORE!**

5TH

AUGUST

1PM-4PM

**MONEY RAISED SPLIT
BETWEEN SCOUTS AND
ROCHE SCHOOL**



Thank you

to everyone who came to the

Design Technology & ART

gallery evening

End of term – 21st July

We will finish at the usual time of 3.15pm




MAKATON SIGNING IN THE WOODS

WEDNESDAYS IN AUGUST 10-1PM IN ST AUSTELL

Choose Nature CIC and TALKMoreCORNWALL CIC are collaborating again to bring you...

Makaton summer signing in a safe, supportive, accessible and natural environment.

Stories, songs, snacks, puppets, forest play and FUN!

All welcome. No experience necessary.

Book now for the 4 week course just £10 p/w for one adult and one child, additional siblings £4

All bookings via our sister organisation,

www.badgerforestschoo.co.uk



PLAY

LEARN TO SIGN

EXPLORE




WWW.choose-nature.co.uk

Time to Move Holiday Programme

The Time2Move holiday programme is up and running once again. To discover local activities for your children to get involved with over the holidays.

There are free sessions available for children who are eligible for free school meals.

For information and to book sessions head to <https://www.activecornwall.org/t2mholidayprogramme/>