

Roche C. P. School Menu – Summer Term 2023

| Week One – Weeks Beginning 17/04 08/05 05/06 26/06 17/07 | Week Two – Weeks Beginning 24/04 15/05 12/06 03/07 | Week Three – Weeks Beginning 01/05 22/05 19/06 10/07 |
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| MONDAY Main – Margarita Pizza and Wedges Veg - Macaroni Cheese Peas and Carrots Dessert - Apple Crumble and Custard Packed Lunch – Ham Wrap | MONDAY Main – Tomato Pasta Bake Veg – Macaroni Cheese Peas and Carrots Dessert - Flapjack Packed Lunch – Cheese Sandwich | MONDAY Main – Quorn Burger and Wedges Veg - Macaroni Cheese Peas and Carrots Dessert – Ginger Cake and Custard Packed Lunch – Ham Wrap |
| TUESDAY Main – Bacon and Sweetcorn Pasta Veg – Vegetable Cous Cous Sweetcorn and Broccoli Dessert – Orange Sponge and Chocolate Custard Packed Lunch – Cheese Wrap | TUESDAY Main – Sausage Bean Casserole and Mash Veg – Quorn Sausage and Mash Broccoli and Sweetcorn Dessert – Banana Cake and Custard Packed Lunch – Ham Sandwich | TUESDAY Main – Beef Goulash with Homemade Bread Veg - Vegetable Chilli and Rice Cauliflower and Sweetcorn Dessert – Vanilla Sponge and Custard Packed Lunch – Cheese Wrap |
| WEDNESDAY Main – Roast Pork Veg - Quorn Roast Cabbage and Carrots Dessert - Fruity Jelly and Ice Cream Packed Lunch – Ham Sandwich | WEDNESDAY Main – Roast Turkey Veg - Cauliflower Cheese Green Beans and Carrots Dessert – Fruit and Ice Cream Packed Lunch – Cheese Wrap | WEDNESDAY Main – Roast Gammon Veg – Cheesy Leek Bake Cabbage and Carrots Dessert – Trifle Packed Lunch – Ham Sandwich |
| THURSDAY Main - Beef Burger and Wedges Veg – Vegetable Quiche and Wedges Coleslaw and Sweetcorn Dessert –Chocolate Burst Cake Packed Lunch – Cheese Sandwich | THURSDAY Main – Meatballs and Spaghetti Veg –Vegetable Fried Rice Cauliflower and Sweetcorn Dessert – Pineapple Upside Down Cake and Custard Packed Lunch – Ham Wrap | THURSDAY Main – BBQ Chicken* and Rice Veg – Pea and Onion Risotto* Green Beans and Sweetcorn Dessert – Peaches and Chocolate Delight Packed Lunch – Cheese Wrap |
| FRIDAY Main - Fish and Chips Veg - Spinach and Cheese Pancakes and Chips Peas and Baked Beans Dessert –Macaroon Tray Bake with Fruit Slices Packed Lunch – Ham Wrap | FRIDAY Main – Fish Fingers and Chips Veg - Vegetable Omelette Tray Bake Peas and Baked Beans Dessert – Chocolate Crispy with Fruit Slices Packed Lunch – Cheese Sandwich | FRIDAY Main - Sausages and Chips Veg - Mediterranean Tart* Peas and Baked Beans Dessert – Oat Cookies with Fruit Slices Packed Lunch – Ham Wrap |

Fruit Salad Available Daily

Mixed Salad Available Daily

Jacket Potatoes Available Daily

Although some of our dishes are allergen free, they are not made in an allergen free environment. Please contact our cook, Lizzie, for any allergen information
lwhitford@roche.tpacademytrust.org

Please order your child's school meals on Parent Pay each week. Orders need to be submitted by Sunday evening at midnight for the full week ahead. KS1 are entitled to free school meals. Orders can be pre-ordered for the term ahead by changing the week commencing date on Parent Pay.