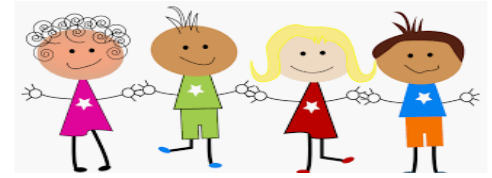




# Newsletter



10<sup>th</sup> June 2022

## Cup Awards – PSHE Awarded on 27<sup>th</sup> May 2022

- Reception:** The PSHE Cup is going to Bali in Reception class. He has really understood our learning this half term about Recycling and knows why we recycle. He was able to sort what is rubbish and what can be recycled and explained how and why we need to care for our environment. He also took part in our litter pick and is often spotted picking up litter and ensuring rubbish is put into the correct bins. Thank you for being so caring and looking after our wonderful planet.
- Year 1:** The cup was for PSHE and 5 ways of well-being. The year 1 team felt that George shows great kindness and consideration of his peers in different situations. He is always offering to help the adults and throughout our lessons this year has shown great empathy for different situations. Well done George.
- Year 2:** Year two are a really lovely friendly class, who look out for each other. They work hard and are diligent in their efforts. The children enjoy their PSHE lessons and are keen to know how to keep themselves safe online, clean and the importance of working hard to achieve. Our cup this term has gone to George. George is quiet, but so thoughtful. He is always wanting to help adults in any way around the classroom. He is a great friend when someone is sad. George is a super friend and classmate and a pupil who is a pleasure to teach. Well done George.
- Year 3:** This term saw the PSHE cup being awarded to Maisie. Maisie participates well in any PSHE class discussions and is very knowledgeable and eloquent when sharing her opinions and ideas. She is able to discuss mature subjects in an appropriate, sensible manner. She is able to link all the learning to our 5 Ways to Wellbeing and our British Values. She demonstrates the 5 Ways to Wellbeing by **taking notice of others** and **keeps learning** about new things in the world around her. Well done Maisie, very proud of you!
- Year 4:** Year 4 have been really enjoying their PSHE lessons this year, so this was a hard decision to make. However, the winner of the Year 4 Cup went to Taylor C! He works really hard in our PSHE lessons and will happily share his thoughts and knowledge. When carrying out a pupil voice activity with Mrs Powell who is the subject leader for PSHE, he explained his learning really well. This shows he has retained his learning and now knows more.
- Year 5:** Year 5's PSHE cup is awarded to Emilia! Emilia is a fantastic PSHE student. She listens carefully, and considers what we are learning carefully, often coming up with useful insights and questions to consolidate or deepen her understanding. In addition, Emilia applies many of the skills we learn in PSHE by being a super friend to each and every one of her classmates and doing what she can to support them. Well done Emilia!
- Year 6:** Well done to Kerris. Kerris is brilliant in PSHE lessons and participates in a very mature way. She is not afraid to give her ideas in lessons and will ask questions if she is unsure. Well done!

Kindness

Delilah (Reception Class) is going to receive the kindness cup this half term. She is always thoughtful and kind to all the children in our class and anyone she meets. She thinks about other people before herself and is always helpful around the classroom. She recently cared for and took an injured bird to the local vets and showed great empathy.

Flora (Reception Class) is going to receive the creative cup this half term, she is always coming up with her own ideas and experiments with different ways of making things. She showed great collage skills last half term and loves to share her creations. She can explain the processes she has used and can safely use a variety of techniques and tools.



### Sports Day

Sports Day is due to take place on Tuesday 28<sup>th</sup> June. KS1 will be in the morning and KS2 will be in the afternoon.

If this day is wet, we will change to Thursday 30<sup>th</sup> June.

Times will be confirmed nearer to the event.



Thank you to Bodmin Band for their donation of a throne-like chair for Reception Class – it's a big hit!

Thank you to Narelle Barker for co-ordinating the collection and delivery. Thanks to Graham Barker for bringing the chair and to Andrew Batten for fixing it on site!





Well done to the pupils below who made progress in their Summer 1 TTRS Gig compared with Spring 2 and a special congratulations to the pupils above who achieved 100% in their Gig.

Year 3	Year 4	Year 5	Year 6
Callum W	Charlotte B	Amelia S	Brooke W
Ella P	Ellie M	Charley-Dee N	Ethan D
Emmie I	Freddie R	Dylan H	Harriet H
Georgia L	Jake S	Emilia G	Jack D
Hollie K	Jamie B	Ethan H	Jacob G
Katrina T	Kaelyn O	Evie G	Joseph L
Kloe A	Logan C	Finley W	Riley S
Lexton G	Lola C	George F	Sebastian H
Liam S	Louisa P	Jack S	Shannon O
Mark B	Max A	Jacob P	
Marshall C	Roanna B	James M	
Morley H	Seren T	Kira A	
Paige H	Skyla S	Lily G	
Ruby B	Sophia R	Macie S	
Taylor M	Steven G	Millie D	
Zak A	Taylor C	Riley D	
	William B	Ruan R	
	Xander P		



A reminder we have Foodbank on site. If you are in need of this service, please email or speak to Mr Walden in complete confidence. He will issue you with a digital voucher.  
[head@roche.tpacademytrust.org](mailto:head@roche.tpacademytrust.org)

### Walk to Wellbeing Week 16-20<sup>th</sup> May - KS2 Winners!

Congratulations to Year 3 who had the most children walk to school in a week. On average 25 children walked to school every day that week. Well done Year 3!

Can I take this opportunity to say thank you to all parents/carers who supported this challenge in some form or another, either by walking to school, scooting or cycling. The children enjoyed the week (and the sticker they achieved every day)!

Mrs Campbell  
 Year 3 Teacher and Sports Lead

**Joyful June 2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 Decide to look for what's good every day this month	2 Say positive things in your conversations with others	3 Re-frame a worry and try to find a helpful way to think about it	4 Take a photo of something that brings you joy and share it	5 Think of 3 things you're grateful for and write them down
6 Get out into green space and feel the joy that nature brings	7 Do something healthy which makes you feel good	8 Find joy in music: sing, play, dance, listen or share	9 Ask a friend what made them happy recently	10 Bring joy to others by doing something kind for them	11 Eat good food that makes you happy and really savour it	12 Write a gratitude letter to thank someone
13 Take a light-hearted approach. Choose to see the funny side	14 Share a happy memory with someone who means a lot to you	15 Look for something to be thankful for where you least expect it	16 Speak to others in a warm and friendly way	17 Take time to notice things that you find beautiful	18 Look for something good in a difficult situation	19 Get outside and find the joy in being active
20 Rediscover and enjoy a fun childhood activity	21 Send a positive note to a friend who needs encouragement	22 Watch something funny and enjoy how it feels to laugh	23 Create a playlist of uplifting songs to listen to	24 Bring to mind a favourite memory you feel grateful for	25 Show your appreciation to people who are helping others	26 Make time to do something playful, just for the fun of it
	27 Be kind to you. Do something that brings you joy	28 Notice how positive emotions are contagious between people	29 Share a friendly smile with people you see today	30 Make a list of the joys in your life (and keep adding to it)		

**ACTION FOR HAPPINESS**      **Happier · Kinder · Together**



## Parents and Carers Virtual Coffee Morning Sessions

Friday 24th June 2022

10am - 12

Online on Zoom

The final Virtual Coffee Morning Session for parents and carers.

Hosted by the HeadStart Community Facilitators with guest professionals from **Dreadnought** and **Coastline Housing** who will be presenting information and answering your questions about their services for children and young people in Cornwall.

**For more information and how to join, please email:  
Terrie.Perkins@ypc.org.uk**





# BINGO

Friday 17th June doors  
open 6pm, eyes down 7:15

Raising funds for Year 6 leavers at  
Roche School

Roche Sports and Social Club



**BINGO**

6	5	4	3	2	1
3	12	11	10	9	8
19	18	17	16	15	14
21	20	19	18	17	16
28	27	26	25	24	23
35	34	33	32	31	30
42	41	40	39	38	37



**BINGO**

7	6	5	4	3	2
14	13	12	11	10	9
21	20	19	18	17	16
28	27	26	25	24	23
35	34	33	32	31	30
42	41	40	39	38	37