



# Newsletter

21<sup>st</sup> July 2023



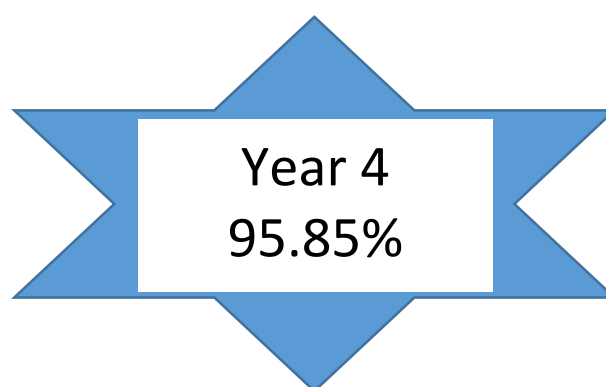
## Headteacher's Awards Awarded 14<sup>th</sup> July 2023

- Reception:** The Reception Head Teacher Awards this week are going to:  
Janey for doing well at creating and continuing repeating patterns in Maths this week.  
Jago for being able to spot the similarities and differences between seaside holidays in the past and in the present.
- Year 1:** Jasper for working really hard in his new reading group. He has now finished RWI and is now in the Year 2 spelling and reading group. Well done Jasper.  
Rosie for working hard on our computer programming 'scratch'. She programmed 3 sprites with 3 different algorithms which were completely different to everyone else.
- Year 2:** This week we awarded a whole class award for their excellent behaviour on our class trip to Newquay Zoo. Well done everyone!
- Year 3:** Last week's Headteacher Award went to all of Year 3! They had an amazing time at Porthpean Camp. They all tried new things and faced many challenges, all with a smile on their face. They participated in many new activities such as archery, high ropes, indoor caving, coastal walks and kayaking to name a few. They conquered different fears such as heights and water and to some of the children it was their first time sleeping away from home. They were so proud of themselves for overcoming all these fears. Well done Year 3! All of the Y3 team are super proud of you!
- Year 4:** Whole Class! Year 4 have had their first week of swimming lessons. We go every day for an hour. They have worked really hard in their first week of lessons. Quite a few children were very nervous on Monday, however, their confidence has grown each day. The progress from all the children has been so great to see. Some children who could not swim, can now swim 5m. A few children achieved their 25m on Friday. Other children have been successfully learning how to keep themselves safe and others in deep water. Keep it up Year 4!
- Year 5:** The Headteacher's Awards were awarded to Max A for his very strategic thinking when playing 'Queah' and Steven for excellent measuring of angles in maths. Well done to you both.
- Year 6:** This week the Headteacher awards went to Jenson and Charley-Dee for really giving it their all in their respective roles of Danny and Rizzo and doing an excellent job in rehearsals.

**Attendance**  
**17<sup>th</sup> July – 21<sup>st</sup> July 2023**



**Attendance**  
**5<sup>th</sup> September 2022 – 21<sup>st</sup> July 2023**



**Cup Award Winners**  
**"A great year"!**

- Reception:** The Cup is going to Emily-Mae for having a fantastic year in Reception Class. She is always following our school rules and is a true role model for her peers. She has shown us that she is an impressive writer and has recently been choosing to write longer pieces of writing. In PE, she shines and has been confident in showing us her gymnastic abilities. She is helpful, conscientious and a great friend. She really is a great all-rounder and I know she is going to continue to shine in Year One!
- Year 1:** Jake received the Year 1 cup. He worked hard all year, has made progress in phonics, completing his phonics screening and moving to blue group. In writing he has applied his phonics to his English as well as applying all of the English curriculum. But most of all, Jake particularly stands out in maths. In general, he has been amazing with knowledge and understanding. In Numbots his on diamond level, which is the very top level and so he is doing year 3 maths. He has started TTRS and is now being very successful with that too. Jake has had a brilliant year and truly deserves this cup.
- Year 2:** The Year 2 cup went to Callum for being a great role model. Callum is a super listener with fantastic behaviour and helpful to others. Callum is always challenging himself and strives to do his best in all areas. Callum clearly loves school and learning.
- Year 3:** It was a unanimous decision by all adults in Year 3 that the cup for "a great school year" went to Harley! Harley has had a great year all round both socially and academically. He is a quieter member of Year 3 who is always doing the right thing and making the best choices. He is a very good friend to others in the class and very kind. He tries his best in every single lesson and always remains focussed and engaged no matter what other distraction are going on around him. He has made great progress in Maths, moving groups at the end of Aut 1. Initially, he found taking an Arithmetic test quite daunting and this would affect his overall result but over the year he has learnt strategies to remain calm and his results have improved each time. He has tried hard with writing and has fantastic ideas which have resulted in him producing some good narratives this year. Well done Harley, what a great year!
- Year 4:** The Year 4 Cup is awarded to Bonnie. She has made incredible progress this year in lots of subjects. Her learning behaviours are fantastic! She always listens and tries her best, even when things are tricky. Her confidence has grown in class too. We are delighted that she scored 23/25 in the Government Multiplication Check! She also worked really hard to achieve her Pen License. Bonnie well done this year - The Year 4 Team are so proud!
- Year 5:** Congratulations to Holly! Holly has always been a role model to her peers by working hard and following the school rules, but she hasn't always had the confidence to put herself forward for things. This year, she has progressed brilliantly by asking for help, sharing her thoughts and ideas and getting up in front of the class to present her work. Finally, in front of over 200 other Y5s from other schools, she volunteered to speak the words they had been given! Well done Holly!
- Year 6:** Year 6 Cup winner was Millie. Millie has been awarded the cup for the quiet but consistently diligent attitude that she displays in school. She has made good academic progress during the year; she always listens well and follows instructions. Millie always works incredibly hard and tries her best at all times. She is always polite and follows school rules. Millie is a kind and considerate friend and has a calm and kind nature at all times. Well done Millie!

## **KS1 Kindness Cup**

Mia B

## **KS2 Kindness Cup**

Taylor M

## **Creativity Cup**

Maisie F



## **Change of school day timings**

Dear Parents and Carers

We are starting a new reading initiative in September that will involve all children in school in either Read Write Inc learning or a new comprehension strategy activity. To enable this to take place we are starting school 5 minutes earlier than we do now. To keep the school day the same length, we will finish 5 minutes earlier.

**From September 5<sup>th</sup> 2023**

**The gates will open at 8.30am**

**Children will be collected from the playground by teachers at 8.35am and the gates will close at 8.35am.**

**Register closes at 8.45am.**

**Read Write Inc or the comprehension lesson begins at 8.45am.**

**Children arriving after 8.45am will miss the start of their lesson and will therefore be recorded as late.**

**End of day is at 3.10pm for all children.**

**Reception class children should be collected from outside their classroom.**

**Year's 1- 5 should be collected from the playground.**

**Year 6 should be collected from outside their classroom.**

# Porthpean Camp 2023





## RAFFLE TICKET PRIZES

Fun Day at Roche School

5th August 2023

1pm - 4pm



3 night break  
to Perran  
Sands

Weekend break for  
2 adults and  
2 children at  
Trewan Hall

£30 Ruby Shoo  
Voucher

£25 Lappa  
Valley Voucher

Afternoon tea  
at  
Penventon  
Park Hotel

Afternoon tea at  
Bedruthan  
Steps/Scarlet  
Hotel

Family Banger  
Racing Pass

Signed  
Paul Ainsworth  
Book

Wireless  
Headphones

Cornish Wine

Fresh Salon  
Hair Pamper  
Kit

Starbucks  
Coffee

**AND SO MUCH MORE!**

**Only £1 per strip!**

### Sports Day Team Winners

#### KS1

Green  
1255

Yellow  
1115

Red  
1113

Blue  
1042

#### KS2

Blue  
1141

Green  
1140

Red  
1061

Yellow  
958

### Year 6 End of Term Treat

On Wednesday, Year 6 were given a treat of a visit from an ice cream van! They swarmed towards the van (including staff!) and enjoyed vanilla ice cream with various toppings!

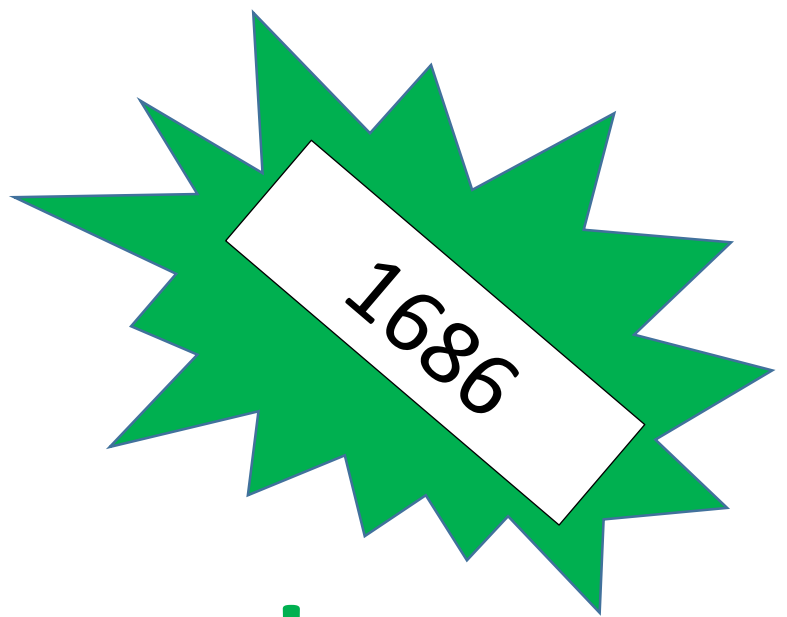
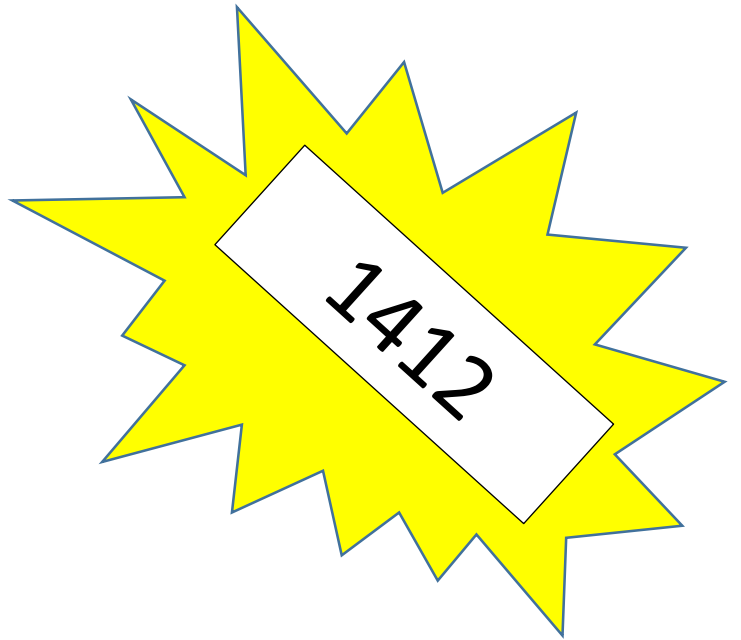
A certain school dog also queued up for an ice cream!

We hope you enjoyed it Year 6!



# Reward Tokens

## Summer 2 2023



Green!

18.07.23 Reception Class Trip to Towan Beach and Blue Reef Aquarium





## Wellbeing



<https://inclusioncornwall.co.uk/summer-holiday-activities/> - list of activities that are either free, or under £10 per family

<https://www.activecornwall.org/t2mholidayprogramme/> - have to pre-book, but free for children in receipt of Free School Meals, and under £10 per day for those that aren't

<https://www.primarytimes.co.uk/cornwall> – Up-to-date information of what's on around Cornwall this summer



Summer can be a bit disorientating or overwhelming, as weeks without routine or purpose stretch out ahead.

For many children in the UK, the school break can be a hard time for their mental health.

Research from the University of Cardiff, for example, found that 1 in 6 young people had feelings of loneliness during the summer holiday, and another 1 in 6 said that they “never” or “rarely” spend time with friends throughout the summer months.

For adults, the prospect of entertaining the children or finding childcare can also add financial pressure. We’ve put together tips from the NHS and Barnardo's to support you and your family this summer.

1. Connect with friends or family – this can be in person, by phone or Zoom
2. Stay Active - [Research by The Faculty of Sport and Exercise Medicine UK](#) confirmed that “physical activity can increase self-esteem and reduce depression and anxiety in children”.
3. Get Outside - Getting outside is [scientifically proven](#) to boost your mood.
4. Art - allows children to explore their creativity, helps them to relax, and is a perfect alternative to their screens. When immersed in an arty task, young people (and anyone, really) can reach a calm, meditative place, where they are distracted away from the worries of life.
5. Get Cooking - Science and research [tells us](#) that young people with good cooking skills report a greater sense of mental well-being, as well as less symptoms of depression.
6. Make a new routine - One of the benefits of term-time is that it gives you structure and routine. Lots of people find that routines make it easier for them to take care of themselves, so, boost your summer holiday wellbeing with a summer holiday routine. It doesn't have to be the same as your term-time routine. And it's OK to be real about it too – you're probably not going to get up at the crack of dawn to watch the sun rise every day, and that's OK.
7. Be aware of Social Media - Don't fall into a social media sinkhole this summer. You might want to post some of your summer highlights so you can look back on your favourite memories or use social media to find out about cool opportunities in your area – but try to be aware of how much you're using social media and how it's making you feel.
8. Coping with worries - Some people find that having more free time over the summer holiday makes it harder to manage worries and spiralling thoughts. Different people prefer to manage these feelings in different ways. Look back at our past newsletters for tips on how to cope with thoughts of worry and anxiety.

# Leavers 2023!



# SUMMER HOLIDAYS

To Pupils and families at Roche School

We hope you have a wonderful summer holiday break.

Stay safe and we are looking forward to seeing you back at school on Tuesday 5th September.

Best wishes from

Roche CP School staff



To

Pupils and families at  
Roche CP School



<https://rocheepschool.eschools.co.uk/>